



Your monthly update on WMS News and Events

Chairman's Foreword:

"Just when you thought it was safe to go back in the water!!

The social room and both workshops have all been getting good numbers over the past few weeks and I thank those who have been opening and closing each session. The Sports Centre manager has been working hard to get the heating fixed but has been let down more than once by plumbers. Fingers crossed that this will be resolved soon as the small heaters do little to warm us all up especially as we must have the door and windows open to circulate air.

The current restrictions do not prevent us from meeting if we abide by the guidance of hand washing, wearing face masks where required and social distancing. As most of you know I have been busy Ho Ho Ho-ing for the last few weeks and will be up until Christmas Eve (980 children seen so far) so have not been about much.

I look forward to catching up soon and if I don't see you, I wish you and yours a very Merry Christmas."

Malcolm Trayhorn - Chairman WMS.

Editorial:

"Welcome to issue 4 of "THE SHED JOURNAL"

To create and maintain an interesting and varied publication I will need member ideas and contributions. Therefore, if you can think of anything interesting or informative to include on a regular basis i.e., Scams, Gardening tips, Tradesmen etc. Please feel free to send me your ideas and I will consider them all.

Please supply me with any interesting articles that you may come across (not too lengthy). Members are also welcome and indeed encouraged to contribute small articles (around 250 words with pictures) of days out, holidays, life/work experiences, hobbies etc. I'm sure we all have a story to tell.

Should any materialise, I will publish one per month in order of receipt. However, Political, Financial, Religious or defamatory articles will not be published.

Please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please. If you prefer not to receive 'The Shed Journal' please let me know by return.

May I take this opportunity to wish all members and their families a Merry Christmas and a Happy New Year."

NOTE: Christmas & New Year opening dates:

Last meeting before Christmas – Monday 20th December. The shed reopens on Monday 3rd January.

John Chamberlin – Editor Email: bjcoi8@gmail.com



Latest News on Shed Facilities and Amenities:

Main Social Room:

"The Main Social Room is where most of our members congregate to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of cards, dominoes or such like although this is not all that goes on. Other groups may sit chatting about whatever comes up or perhaps read a magazine. All are a friendly bunch and welcome other members to join in the banter.

Members are reminded that it is important to come to the social room first to sign in and out."

John Chamberlin – Editor



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The Metal & Carpentry Workshop:

“Well yet again it would seem we are subject to some more Covid ups and downs but I would take this opportunity to let all interested members know that we will be keeping the workshop open but subject to reintroducing some precautions namely being the usual; Hand sanitiser on entry to our building, social distancing, and masks if we get more than 4 members in at any one time. The main entrance will remain partially ajar to allow some airflow, but our Infrared heaters should keep us from getting too cold as they warm our body fluid not the air.

We have had a bit of a hold up completing the odd recommissioning jobs needed in the workshop due to an electrical problem, but I am told that this is now sorted, and we should be all systems go in the new year.

If anyone has any questions, please give me a call on: 01953 881004.”

Richard Adams – Workshop Manager

The Computer Room:

“Hello Fellow Techies

Well, here we are again almost finished another year (in this case 6 months), it has been very busy for the Computer Group who seem to be up and running once more. At this point I would like to say a BIG thank you to all the WMS members who have helped in their own way to make the group successful.

John Bunning and I went to Mellor Metals with all the surplus materials generated and may I add items from Workshop (thanks Richard), with very pleasing results.

Next year we look forward to starting a Sponsorship deal with Anglia Computer Solutions, they are replacing our faulty / unstable Wi-Fi system with one that will give a better internet access. The new system will allow WMS members in the Bowls Club Social Room to also access the internet.

Latest Government Guidelines (Computer Group).

The latest Guidelines reference the variant of Covid, now means that all members attending the Computer Group sessions must wear a mask, except for medical reasons making this not possible. I feel this is the best way forward, so that we can protect each other, I appreciate your co-operation in this matter.

Well, all that remains is to wish you all a very Merry Christmas and a Happy New Year 2022.”

Jeff Heath - Computer Group Supervisor (WMS)



Member groups:

The Shutterist's

“We are a group of Shedders (The Shutterists), and we meet about once a month for an outing to a local place of interest where we walk, talk and take a picture or two, often partaking in a cuppa, food and even the odd beer. The Shutterists continually seek fellow Shedders to join our small and active group and you are very welcome to join us.

We allow all camera types, DSLR, Compacts, Mirrorless, Film, Phones, Pin Hole, Box Brownie, etc.

However, even though we are predominantly the WMS Photographic Group, cameras are not a pre-requisite for trips out. The Shutterists welcome all fellow members of WMS to come and enjoy our planned visits.”

Interested? Contact [Stewart Haile](#) - Shutterist's group lead - 07775 694099 – email: shaile33@aol.com

Notice: 2022 WMS Weekly Photo Challenge

We are currently finalising our plans for the 2022 weekly photo challenge.”



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Group Outings (The Photo Walk):

*“Weather has not been kind – so after some cancellations only one outing was completed. We travelled into **Norwich** via **Riverside Walk** to utilise our cameras in a low light setting.”*



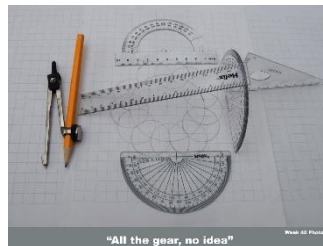
Photo Competition (Weeks 41- 44):

The members of the photographic cohort have now progressed to week 44 of their 52-week challenge. Here are the winners of the Terry Knight Photo Memorial Certificate from recent weeks:



Busy As A Bee

Week 39 – ‘Animal Life’
‘Busy as a Bee’
Neil Rowe



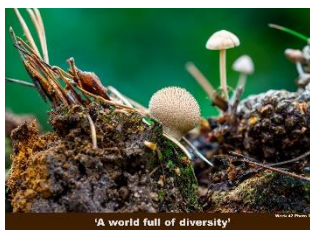
“All the gear, no idea”

Week 40 – ‘Geometry’
‘All The Gear, No Idea’
Malcolm Trayhorn



‘Love you Nanny’

Week 41 – ‘A Moment in Time’
‘Love You Nanny’
Steve Franz



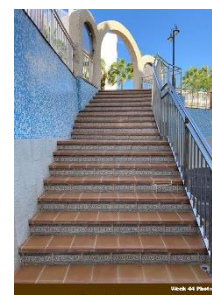
‘A world full of diversity’

Week 42 – ‘Up Close’
‘A World Full of Diversity’
Stewart Haile



“One Orange and Three Apples”

Week 43 – ‘Food & Drink’
‘One Orange & Three Apples’
Bob Darts



Spanish steps

Week 44 – ‘Steps’
‘Spanish Steps’
John Pepper





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Notice of a possible new group:

Music Appreciation Group:

“Do you enjoy listening to music? Is it the soundtrack to your life? Would you be interested in sharing some of your favourite music, with others, whatever the genre?”

If so, you might enjoy a social meet-up to play your favourites and listen to other peoples’ choices, some of which you may not have heard before. Who knows, you could discover a whole new avenue of recorded music to explore!

If this idea appeals to you, please get in touch with me (Nigel Potter). In the first instance I am simply trying to establish whether this group would be viable. I’m sometimes in the shed on Mondays or you can contact me.”

Nigel Potter - 01953 885415 email: silveralto@gmail.com

Editor’s note on groups:

Do you have an idea for a similar group? For example: A walking group, book club, classical music, a common hobby or perhaps a lunch club then please email me - bjcoi8@gmail.com and I will publish it here.

Such groups will be supported by the Committee but arranged and run solely by the interested members.

N.B.: A group does not have to be several members, you may just find one other like-minded individual to start with and others may well join you later.





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Trivia, Quiz & Puzzle corner:

December in history:

1653 - Oliver Cromwell was declared Lord Protector of England after the English Civil Wars.
 1918 - British women voted for the first time in a general election and were allowed to run for office.
 1941 - The U.S. Naval base at Pearl Harbour, Hawaii was attacked by Japan.
 1948 - The United Nations proclaim and adopt the Universal Declaration of Human Rights.
 1991 - Russian President Boris Yeltsin abolished the KGB (Soviet Secret Police) organization.

December born into glory or infamy:

1770 Ludwig van Beethoven – Composer & Pianist.
 1839 George Armstrong Custer – U.S Cavalry officer & Indian Fighter.
 1878 Joseph Stalin – Revolutionary, Soviet political leader & General Secretary of the Communist Party.
 1901 Walt Disney - Entrepreneur, animator, writer, voice actor, and film producer.
 1905 Howard Hughes - Business magnate, record-setting pilot, engineer, director & philanthropist.

Joke

What do you call a bunch of chess players bragging about their games in a hotel lobby?

Puzzle

Give a legitimate English language sentence that repeats the word “and” five (5) times in succession.

Quote

"I alone cannot change the world, but I can cast a stone across the water to create many ripples."
Mother Teresa

Proverb

An inch of time is an inch of gold, but you cannot buy that inch of time with an inch of gold.

The Six W's Quiz

Who

is the missing president from a group of four including, **George Washington, Thomas Jefferson and Abraham Lincoln**?

What

do the Four Horsemen of the Apocalypse represent?

Where

would you find this monument and sculpture?

Why

, in 1814 did the British burn the White House to the ground?

Who

was this famous stamp first issued?



Which

year and month saw the events surrounding "The Cuban Missile Crisis" where Russia & the U.S. came closest to nuclear war.



"Answers are shown on the last page" [John Chamberlin](#) – Editor





Social programme:

Our social secretary, Malcolm Trayhorn is very adept at organising an excellent programme of events throughout the year. The fact that many of these are oversubscribed is a testament to their popularity. I'm certain however, that Malcolm would greatly appreciate suggestions and ideas for future events and outings from the membership, so please put your thinking caps on.

[Malcolm Trayhorn](mailto:malcolm.trayhorn@gmail.com) - 01953 529531 email: malcolm.trayhorn@gmail.com

Upcoming WMS Social Events & Outings:

"The Christmas meal at Broom Hall is still on at this time for those happy to attend. Also, the mince pie and Mulled wine morning is still planned for the 20th of December from 10am to 1pm so I hope to see you for a bit of Christmas cheer.

I am hoping to resume a fuller social programme in the New Year and as soon as we start to see some positive moves towards Covid control and reduction."

[Malcolm Trayhorn](mailto:malcolm.trayhorn@gmail.com) - Social Secretary

Updated WMS Social Calendar:

Events Programme	Date	Venue	Time	Cost (Subject to variation)
WMS Christmas Meal	Friday 17 th December	Broom Hall	7:30 p.m.	£27 per head
Mince Pie & Mulled Wine event	Monday 20 th December	Shed Social Hall	10 a.m. to 1 p.m.	Free

Pictures please

Not everyone is able to attend these events and pictures can portray the experience to other members. If you have any photographs taken whilst out on WMS trips and attending events organised by Malcolm Trayhorn, please forward them to him for possible publication either here or on our website.

[Malcolm Trayhorn](mailto:malcolm.trayhorn@gmail.com) - 01953 529531 email: malcolm.trayhorn@gmail.com



Remembrance Sunday:

Several members attended the Watton Remembrance Day Parade on the 14th of November, representing the Men's Shed to lay a Wreath to commemorate and honour the sacrifice of our military dead.





Other News, Notices & Interesting Articles:

The Mayonnaise Jar & Coffee

When things in your life seem too much to handle, when 24 hours in a day are not enough, remember the Mayonnaise jar and the coffee

A professor stood before his Philosophy class and had some items on the desk in front of him. When the class began, wordlessly, he picked up a very large Mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if it was full, they agreed that it was.

Next, he picked up a box of pebbles and poured them into the jar and shook it lightly. The pebbles filtered down between the golf balls. He again asked if the jar was full. The students again agreed that it was.

The professor then picked up a box of sand and poured it into the jar and of course the sand filled up everything else. He asked the students once again if it was full. The students responded with a resounding "Yes."

He then produced two cups of coffee from under the desk and poured them into the jar, effectively filling every remaining space. The students laughed.

"Now," said the professor, as the laughter subsided. "I want you to recognise that this jar represents your life. The golf balls are the important things, your family, children, faith, health and favourite possessions. Things, that if everything else was lost and only they remained, your life would still be full. The pebbles are other things that matter – your job, house, car etc. The sand is everything else, the small stuff. If you put the sand into the jar first," he continued, "there is no room for all the pebbles and golf balls."

"The same goes for life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Play with your children; take time to get medical check-ups; take your partner out for a meal; play another 18 holes. There will always be time to clean the house or fix that squeaky door. Take care of the golf balls first, the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented. The professor smiled, "I'm glad you asked. It just goes to show you that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."

Wayland News Update:

Fellow Sheddors

As you all know, WMS prides itself in being active within the local area. It is important for us to be seen locally, allowing people to reach out to us and vice versa, therefore targeted advertising is paramount to our continued growth in the community.

The Committee thought that you would be interested to know about the upcoming changes to the Wayland News, a paper that the WMS often contribute content to.

The current editor is to PAUSE the print version of the newspaper but will be setting up a WEBSITE to 'carry on the mission'. The web site will continue for the duration of the pause, and beyond

His plan is to make the website a 'One Stop Shop' It's to be a local information resource for readers, about the area, its Clubs and Facilities. The website is - www.waylandnews.co.uk

In the future, as in the past with the paper version, we plan to 'advertise' WMS news via the website.

If you want to offer feedback, articles, etc. please, in the first instance contact our Liaison Officer.

Richard Adams - email: richardadams1630@outlook.com





Business, Administration & Housekeeping matters:

Shed Opening Times:

Social Room and Workshop - Mondays and Wednesdays 0900 till 1200.
Computer Room - Mondays and Thursdays 0900 till 1200.

NOTE: Christmas & New Year opening dates:

Last meeting before Christmas – Monday 20th December. The shed reopens on Monday 3rd January.

Housekeeping:

Please assist other members and the committee by keeping the Shed tidy and helping with general chores.

Treasurer's Report:

"Shed funds remain healthy, however, we still have the outstanding payment of £500 for the Workshop Fire-Door. We have had £300+ in sales from the computer section this month. Well done chaps!"

Les Waller – Treasurer

Memberships Report:

"Paid up members are still at 57 with no new members this month. However, we have shown round a few potential new members. The Chairman of Thetford Men's Shed paid us a visit. Thetford has less than a dozen members and specializes in refurbishing bicycles.

Turnout at the Sports Centre is still high on Mondays averaging around 21 but Wednesdays are beginning to tail off averaging around 9. If this trend continues, we may have to consider our options.

A new "Signing in" laptop has been purchased and will come into use at the start of the New Year."

Les Waller - Membership secretary

Committee meeting:

Next committee meeting is on Wednesday 26th January at 3pm in the Social Club Room.

Members can come along to observe and can submit questions to the secretary no later than Thursday 20th January. *Stewart Haile* – email: shaile33@aol.com

Health & Safety:

It is important that we know how many members are in attendance at all times. Please ensure that you visit the Main Hall to sign-in, do not just go to the Workshop/Computer rooms. Also please remember to sign-out.

All members have a duty of care for themselves and others whilst on the premises. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided.

Wanted, For Sale & Free Notices:

Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - bjcoi8@gmail.com with a price, picture and brief description of the item along with your contact details. I shall endeavour to list the item here.

Note: All transactions are **strictly** between two parties. WMS does **not** endorse or guarantee any items sold.

For Sale –

XL Adult Fleece Lined Wheelchair Cosy.

Blue with built in hand muff and its own stuff stack.
Zip front and machine washable.

£12.00 ono - Contact Alan 01953 880425





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WMS Committee:

Stuart Haile: Secretary	Richard Adams: Liaison Officer	Bob Cremers: Committee member
Malcolm Trayhorn: Chairman, Social Sec & Press	Jeffrey Heath: Computers & Tech	Alan Diver: Committee member
Les Waller: Treasurer/Memberships	John Bunning: Committee member	Malcolm Taylor: Committee member
Gordon Williams: Vice Chairman		

Solutions:

Joke Chess nuts boasting in an open foyer! 🤪🤪🤪

Puzzle A man was painting a sign over a FISH AND CHIP shop. The sign read “FISHANDCHIPS”. The angry owner complained, “That sign is incorrect, there should be spaces between FISH and AND and AND and CHIPS”

Who? Theodore Roosevelt. The four presidents are carved into granite on Mount Rushmore, South Dakota. They commemorate the founding, growth, preservation and development of the USA.

What? They are biblical figures from the Book of Revelation, representing Conquest, War, Famine and Death.

Where? Hyde Park, London. It’s the Wellington Arch. The sculpture depicts the ‘Angel of Peace’ descending on a ‘Quadriga,’ a four-horsed chariot of war.

Why? It was in retaliation for the American attack on the city of York in Ontario, Canada, in June 1813 during the War of 1812.

When? Issued on 1st May 1840 (valid from 6th) The Penny Black was the world's first adhesive postage stamp.

Which? 16th to 28th October 1962. Soviet missile sites were removed and the U.S. withdrew their navy.

Please visit our website: www.waylandmensshed.com which is regularly updated.

You can also contact us via email: waylandmensshed@gmail.com

If you wish to make a compliment, complaint or comment, please feel free to do so. Without constructive feedback it is very difficult for the WMS Committee to know if they are meeting member's expectations.

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