



## Your monthly update on WMS News and Events

### Chairman's Foreword:

*"I feel that it would be wrong not to acknowledge the sad passing of Queen Elizabeth II. Whether you are a Royalist or not there is no denying the 70 years of dedicated service to this country and beyond from our recently departed sovereign. I know that many of you served in the forces and therefore pledged allegiance to the Queen. King Charles III sounds strange to say but I'm sure we will all get behind him.*

*Our Shed is fulfilling the commitment to men in the community by providing a place to meet up and support each other with good humour and mutual respect and tolerance. We have an increasing number of different groups starting up which is very encouraging. Help is still needed to open and close sessions plus assist at local events so please keep an eye on the notice board and emails that are circulated to members."*

*My informant at the Sports Centre tells me that a new chef is being employed so that meals can be provided in the bar area. This will be weekends initially but watch this space for mid-week openings. Could be great for lunch after a Wednesday session?"*

*Malcolm Trayhorn - Chairman*

### Editorial:

*"Welcome to issue 13 of "THE SHED JOURNAL". **(Fresh articles needed for publication please.)***

*To create and maintain an interesting and varied publication I will need member ideas and contributions. Therefore, if you can think of anything interesting or informative to include i.e., Scams, DIY/Gardening tips, good or bad Tradesmen etc. Perhaps a film, book, or music review. Please feel free to send me your ideas and I will consider them all. Remember, this is your publication, so the more of you who contribute the more interesting and diverse we can make it.*

*If you come across an interesting article (not too lengthy) then please forward it to me. Members are also welcome and indeed encouraged to contribute small articles themselves (around 250 words with pictures) of days out, holidays, life/work experience, hobbies, a book film/review etc. I'm sure we all have a story to tell.*

*Should any materialise, I will publish them in order. Political, Financial and Religious articles will be closely scrutinised before publication. However, defamatory articles will not be published.*

*Please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please. If you prefer not to receive 'The Shed Journal' please let me know by return."*

*John Chamberlin - Editor - email: [bjcoi8@gmail.com](mailto:bjcoi8@gmail.com)*





## Latest News on Shed Facilities and Amenities:

### Main Social Room:

*“The Main Social Room is where the larger part of our membership congregates to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of cards, dominoes, or such like although this is not all that goes on. Other groups may sit chatting about whatever comes up or perhaps read a magazine. All are a friendly bunch and welcome other members to join in the conversation and banter.*

*After signing in, the Computer and Workshop shedders will drift off to the outbuilding to take up their interests.”*

**Members are reminded that it is important to come to the social room to sign in and out.”**

*John Chamberlin* – Editor

### The Computer Room:

*“Jeff is on holiday this month and will issue a full up to date report on the computer room next month. His team are continuing their good work raising funds for the Men’s Shed.”*

*Jeff Heath* - Computer Group Supervisor - email: [jefferyheath2017@yahoo.com](mailto:jefferyheath2017@yahoo.com)

### The Carpentry Workshop:

*“Well, finally we seem to be making some progress, we have now finished the ‘Dummy’ Beehive for one of our members which if I say so myself has turned out quite well, more luck than skill!*



*We are now working on some "Bar Stools" for the Sports Centre by adapting some aluminium beer kegs and fitting wooden seat tops, and Steven my trusty assistant is turning his hand to making a wooden "Notice-Frame" for what I believe is the Rotary Club.*

*Cheers”*

*Richard Adams* – Workshop Supervisor - 01953 881004 (enquiries)





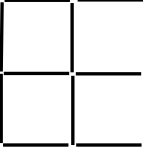
## Trivia, Quiz & Puzzle corner:

### September in history:



1066 - The Norman conquest of England begins as Duke William of Normandy lands. Battle of Hastings ensues.  
 1812 - Napoleon arrives in Moscow only to retreat a month later. Only 20,000 of 500,000 men survive the retreat.  
 1939 - Great Britain and France declare war on Nazi Germany after its invasion of Poland.  
 1945 - Ho Chi Minh proclaims Vietnamese independence and the establishes the Democratic Republic of Vietnam  
 2001 - Terrorist attack on the World Trade Centre, killing nearly 3,000 persons. Americas worst terrorist attack.

### September born into glory or infamy:

1533 - Queen Elizabeth I – Her navy defeated the Spanish Armada. The Anglican Church was fully established.  
 1791 - Michael Faraday - Scientist - Discovered electromagnetic induction thus leading to electric generators.  
 1847 - Jesse James - Wild West legend – He and his brother Frank led a group of outlaws & train robbers.  
 1890 - Agatha Christie – Autor of nearly a hundred books including mysteries, dramas, poetry, and nonfiction.  
 1923 - Rocky Marciano - Boxing champion - He retired as the only undefeated heavyweight champion.

<p><b>Joke</b></p> <p>What's the difference between ignorance and apathy?</p>	<p><b>Puzzle</b></p> <p>Make 3 squares of equal size by moving <u>only 3</u> matchsticks</p> 	<p><b>Quote:</b></p> <p><i>By three methods may we learn wisdom:        Reflection, which is noblest.        Imitation, which is easiest.        Experience, which is the bitterest.....</i></p> <p><b>Confucius</b></p>	<p><b>Proverb:</b></p> <p>The person who says it cannot be done should not interrupt the person who is doing it.</p>
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## The Six W's Quiz:

<p><b>Which</b></p> <p>UK river does this famous bridge cross?</p>		<p><b>Who</b></p> <p>were the two competing royal Plantagenet families during the 'Wars of the Roses'?</p>	<p><b>When</b></p> <p>was the 'Knights Templar' order founded?</p>
<p><b>What</b></p> <p>are the principal components of Gunpowder (AKA Black Powder)?</p>	<p><b>Where</b></p> <p>would you be if you were standing on the 'Glienicke Bridge' (AKA 'The Bridge of Spies')</p>	<p><b>Why</b></p> <p>are 'Balaclavas' so named?</p>	

## Last thoughts:

<p><b>That's odd:</b> Give the odd one out: Pica, Fen, Point, Em, En</p>	<p><b>Line up:</b> Give the next in line: Quire, Ream, Bundle, ?</p>	<p><b>MIA:</b> Give the missing item: Semibreve, ?, Crotchet, Quaver</p>
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*"Answers are shown on the last page, please advise of any typos or errors."*

John Chamberlin - Editor





# The Shed Journal



## Social programme:

Our social secretary, Malcolm Trayhorn is very adept at organising an excellent programme of events throughout the year. The fact that many of these are oversubscribed is a testament to their popularity.

I'm certain however, that Malcolm would greatly appreciate suggestions and ideas for future events and outings from the membership, so please put your thinking caps on.

*Malcolm Trayhorn* - 01953 529531 - email: [malcolm.trayhorn@gmail.com](mailto:malcolm.trayhorn@gmail.com)

## Recent events:

**The Quiz & Chips evening** on 2<sup>nd</sup> September was attended by over 60 people. It was a successful night with £223 raised from ticket sales and a further £157 from the raffle. This all goes to club funds this time. Many thanks for all those who donated raffle prizes.

## Upcoming Social Calendar:

**Men's Shed Christmas Dinner** is at Barn Ruche this year on Thursday 15<sup>th</sup> December. Reserve your place now (Guests welcomed). See notice board for menu choices. I am now taking deposits of £10 per person or the full cost of £26 per person.

**West Tofts Church Carol Service.** I am still waiting for a response from the new Commander at STANTA as to whether this will take place this year. I will keep you informed as soon as I hear anything."

"Our programme of social outings for this year is slowly winding down, and I ask you to check the noticeboard for any remaining events and be sure to make your booking & reservation in good time to help with organisation and to avoid disappointment."

Event	Date	Venue	Time	Cost (Subject to variation)
Mulled Wine & Mince Pie event	December ???	Watton Sports Centre	Daytime	FREE
Christmas Meal	Thursday 15 <sup>th</sup> December	Barn Ruche	7pm to 11pm	£26 per head More details below
West Tofts Church Carol Service	November/ December?	West Tofts Church - STANTA	6pm ???	FREE
St Peters Church, Merton	TBA	Merton	TBA	Donations optional
Battle of Britain Memorial Flight visit	TBA	Coningsby, Lincoln	TBA	TBA

Items in **RED** are yet to be confirmed and are not definite Men's Shed events/outings.

*Malcolm Trayhorn* - 01953 529531 - email: [malcolm.trayhorn@gmail.com](mailto:malcolm.trayhorn@gmail.com)





## Member groups:

### Editor's note on groups:

Do you have an idea for a similar group? For example: A walking group, book club, games group, lunch club, a common hobby or interest then please email me the idea - [bjcoi8@gmail.com](mailto:bjcoi8@gmail.com) and I will publish it here.

Such groups will be fully supported by the Committee but arranged and run solely by the interested members.

**N.B.:** A group does not have to be several members; you may just find one other like-minded individual to start with and others may well join you later.

A '**Guitar Club**' has been suggested, this will take place once a month if enough interest is shown. See Notice Board for further details.

'**Pub Lunch Club**' has also been suggested, so if you are interested in sampling the delights offered by nearby hostelry's please put your names on the notice board. Once there is a suitable number a date and venue will be advertised.

### Gastro Jaunts around East Anglia (part 6):

*"A little nearer home this month. If like me, you like your Chinese food, it was great news to hear that after more than two years following the fire on the premises, the Beijing Diner in Watton was reopening.*

*Over the last two years we have tried the other Chinese takeaways in the town (Chopsticks was dreadful and Great China was variable in the extreme with one good meal and one awful almost inedible meal). So, two days after opening we ordered our usual takeaway meal of Dumplings (we order a different starter every time and this time chose the Dumplings (Dim Sum), Sweet and Sour King Prawn balls, Chicken Chow Mein, and Egg Fried Rice.*

*We were so pleased that the excellent quality of the food has been maintained, and the price hasn't risen enormously (the bill was less than £25). Subsequently my wife has eaten in the restaurant for a Tesco girls Birthday dinner and reported back that the service was good as was the food. So, welcome back Beijing Diner"*

Submitted by [Les Waller](#)

### The Shutterists:

*"As we leave Summer behind, and what a 'HOT' Summer, we enter into Autumn for a changing palette, with various shades of yellow, orange, red, purple, and brown, that us Shutterists just love. However, we remain in August for this report... HOT Stuff follows..."*

### The Photo Walk:

#### **Cart Gap to Happisburgh – Thursday 11<sup>th</sup> August**

*"A trip out at 08:00 from Watton, with two vehicles meeting at Cart Gap car park at 09:30. Returning home just after 16:00. The Shutterists rotation of drivers and cars took us on this outing for our beach day. Bob Darts and John Pepper supplied transport for five Shutterists who wished to utilise their photographic equipment in the genre of 'Long Exposure'. Long Exposure Photography involves using a long duration shutter speed to sharply capture the stationary elements of images while blurring, smearing, or obscuring the moving elements. For example... waves breaking onto the shore.*

*Set between the better-known beach of Happisburgh and ever popular Sea Palling is a somewhat unspoilt gem - Cart Gap beach. Located at the end of a narrow, single-track lane the beach here is somewhat off the beaten track. As with all the beaches along this stretch of coast Cart Gap is lovely sandy beach. It also faces the same issues with erosion, so the beach is divided up by wooden groyne (great for breaking waves and 'Long Exposure Photography) and backed by a seawall. No Shutterists outing is ever taken without a local pub to be found and enjoyed. At Happisburgh in the blistering heat – a little gem called: **The Hill House Inn...** was found where much needed food and drink were partaken I Interestingly... a Spitfire Propeller was on display suspended from the ceiling of the main bar."*



# The Shed Journal



## Competition result: Cart Gap to Happisburgh:

"A competition judged by Mr Steve Fransz, who sadly could not make the trip with his Shutterists mates.



Photo 1

< **Winner Photo 1** - Stewart Haile. Good use of slow shutter speed and I like the way the eye is drawn through the picture. Well done to whoever took this shot.



Photo 2

< **Photo 2** – Graeme Hale. Another good shot. Here I like the subject matter with nothing to distract the eye and enough movement in the water to add extra interest.

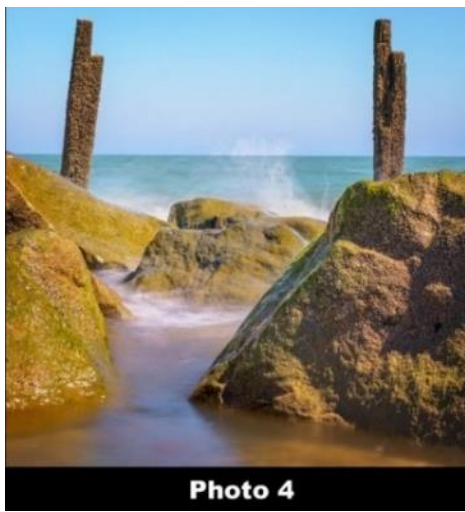


Photo 4

**Photo 3** > – David Haylock. This could also have been the winner, but I feel it is just let down by the framing. Maybe a lower viewpoint might have worked better.

< **Photo 4** – Bob Darts. This was a close second nice framing and good use of slow shutter speed.



Photo 3

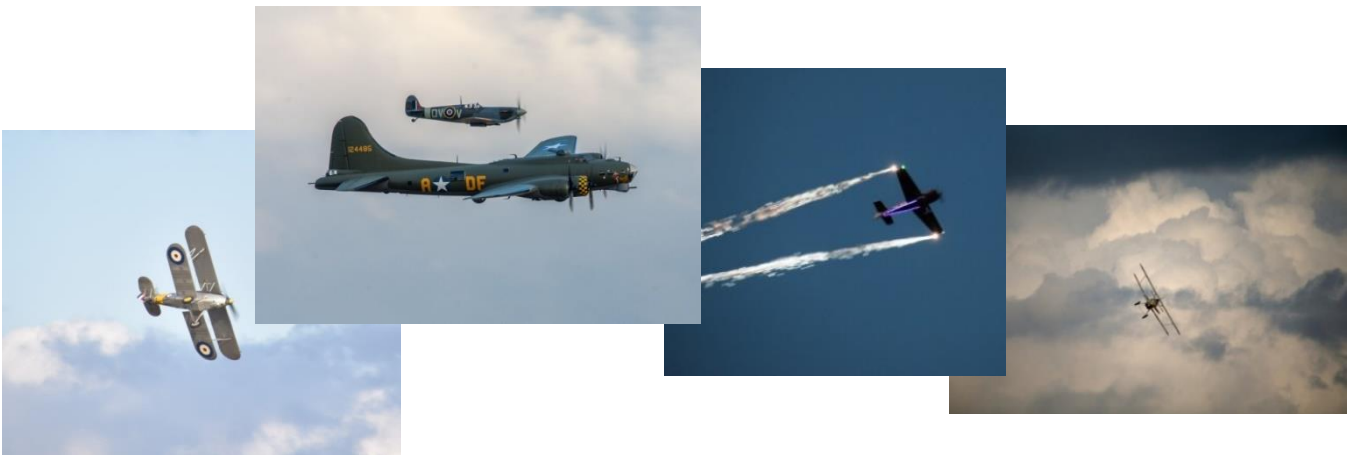
This was a very hard decision they are all winners in my opinion.

**Thanks for voting for mine Steve... cheque is in the post**

The 'Terry Knight Photo Group Trophy' will pass to me (Stewart Haile), which I will hold until the winner of Duxford Outing is announced."

## Duxford – September outing – Saturday 27<sup>th</sup> August

"Some images to wet your whistle – full visit details and information to follow in next month's journal."





# The Shed Journal



## **The Annual Challenge enters Week 32**

The Winning photographers for Weeks 17 – 27 will be announced in later WMS Journals.

## **52 Week Capture Challenge: The Challenge continues...**

Week 37 – Hot, 38 – Starburst, 39 – On the Farm, 40 Light Painting, 41 – A Miniature World.

What's coming up for the Shutterists...

**Visit to Dersingham Bog** – for macro (all things Fungi and alike)

**More ad-hoc trips...** watch your inbox and / or the Shed Notice board.

## **Finally.... as an aide memoir.**

*“As a reminder to all Sheddors, The WMS Shutterists are predominantly an ‘Artistic Group’, however cameras / pencils / paints are not a pre-requisite for trips out. The Shutterists welcome all fellow members of WMS to come and enjoy our outings. It is generally a good walk in beautiful East Anglia, maybe with the odd coffee, beer, wine, lunch, dinner thrown in for goodwill.*

*Join the Shutterists, which is huge fun, and allow those creative juices to flow...”*

**Interested?** Contact [Stewart Haile](#) - Shutterist's group lead - 07775 694099 - email: [shaile33@aol.com](mailto:shaile33@aol.com)

## **The Music Club:**

*“Thirteen Music Club members and guests met in the social room on the 7<sup>th</sup> September to listen to a diverse selection of music tracks most of which were in keeping with September's optional theme of ‘Animals’.*

*September's tracks were probably the most diverse selection since the outset of the club, capturing one of the principal aims of encouraging members to broaden their musical horizons and hear music that they might not otherwise have listened to. After each track was played it was briefly discussed and then scored by each member according to how much they liked it. The top five most popular tracks on the day were as follows:*

1. 'I Ain't Superstitious' (80 votes) performed by Howling Wolf
2. 'He's a Tramp' (76 votes) performed by Peggy Lee
3. 'Give Me a Pig's Foot' (73 votes) performed by Bessie Smith
- 4 'A Nightingale Sang in Berkeley Square' (67 votes) performed by Manhattan Transfer
5. 'The Hippopotamus Song' (65 votes) performed by Flanders and Swann

*The Club is open to all Shed Members to either bring along their own tracks to play or just to listen to the selections of others. All genres of music are welcome although selections should not last for more than 5 minutes to enable a goodly selection to be played in one session. Excerpts from longer pieces can be played.*

*We can cope with tracks on CD, internet or memory stick or any device with an earphone outlet. The Music Club meets on a monthly basis – normally the first Wednesday in the month starting as soon as possible after 10 o'clock. The next listening session will be on 5<sup>th</sup> October 2022 in the main social room. The optional theme for October is 'Earth', however, this is purely optional, and members are not restricted from bringing along any track of their choice for listening.*

*Please don't forget to sign in and pay the usual £2 session fee to help the Shed pay for the cost of the room. We are a very friendly group and are always keen to welcome new members. Why now come along and share your favourite music tracks with others?*

*Contact me for further information or just turn up at the next meeting – we look forward to seeing you there.”*

**Interested?** Contact [Nigel Potter](#) – Music club lead - email: [silveralto@gmail.com](mailto:silveralto@gmail.com)





## Other News, Notices, Events & Interesting Articles:

### Member call for your help and comments:

#### Robin Trewartha

*"I read the request for material for the Journal. Here's something that would help me, and it may also be of interest to you.*

*My third career was as a psychologist in London. I retired from this full-time work over ten years ago. I settled here in the East of England, originally in Attleborough and, more recently, in Watton. I compiled a website during my semi-retirement which was based around the work I had done over the previous twenty years.*

*As I approach full retirement, the website will close in the near future and I'm looking for some advice on what material to keep, and in what format should I keep it?*

#### **Here is my request for your help:**

*Can you take a few minutes to look over the Welcome page at <https://your-nudge.com/> alongside a couple of other leads of your own choice? There are many pages, so I'm not asking you to read it all.*

*You can let me know your thoughts either in person as listed below, or via links on several website pages.*

*If it helps to have some questions available, how about:*

*If an 'experiment', as described, is unclear, how might it be made clearer?*

*How realistic are some of the 'experiments' I describe?*

*If you had your own 'small, safe experiment' that made your own life easier at some time, please let me have some details. If nothing comes to mind, can you offer one 'do-able' thing that might make a difference in your life?*

*Thanks for reading through this article and I look forward to hearing from you. If there are questions arising from you, then John has suggested a regular item can be included in the Journal – so it's over to you!*

*You can contact me via the website or:*

*Email Address: [robintrewartha@btinternet.com](mailto:robintrewartha@btinternet.com)*

*Mobile: 07785 117179*

*Home address: 9 Charles Avenue, Watton, Norfolk IP25 6BY"*

### **WMS Local Community Assistance Fund:**

The committee agreed by a majority that Wayland Men's Shed would support Local Community projects or groups through an assistance fund.

This would be up to a maximum of £500 per annum and the money would not be from our main funds but from specific fund-raising events such as a Quiz & Chips night.

It will be up to the membership to suggest worthy local causes and if you have a proposal, it should be submitted to the committee for consideration.

### **Old £20 and £50 notes:**

The old-style paper £20 and £50 notes will no longer be accepted as legal tender after 30 September 2022.

Many banks will accept withdrawn notes as deposits from customers. The Post Office may also accept withdrawn notes as a deposit into any bank account you can access at the Post Office. You can always exchange withdrawn notes with The Bank of England.

May I respectfully request as Treasurer that you do not offload notes that you have onto the Men's Shed.





# The Shed Journal



## WMS Website:

Our website address is: [www.waylandmensshed.co.uk](http://www.waylandmensshed.co.uk).

Members are encouraged to visit the site and have a look around. The site is continually undergoing updates and our continued thanks go to Neil Rowe for his efforts. Constructive comments, suggestions or ideas for improvement and potential new content are very welcome. Just approach a committee member.

## Facebook:

WMS now has a Group Page – currently with around 12 members:

[www.facebook.com/groups/5797251266956413](http://www.facebook.com/groups/5797251266956413)

**Note:** The above page should not be confused with a similar facebook page, this was an earlier iteration from the days of our formation, this legacy page is NOT updated by the Men’s Shed (**Please use the above link**).

## Known Local Events 2022:

Date	Event	Location	Time
Sat 24 <sup>th</sup> – Sun 25 <sup>th</sup> Sept	Paint amnesty - Dereham	Dereham recycling centre	0900 – 1700
Sat 1 <sup>st</sup> – Sun 2 <sup>nd</sup> Oct	Paint amnesty - Thetford	Thetford recycling centre	0900 – 1600
Sun 2 <sup>nd</sup> Oct	Watton Carnival	High St	Daytime
Sat 29 <sup>th</sup> Oct	Fireworks Night	Wayland Show Field	Evening
Sun 13 <sup>th</sup> Nov	Remembrance Sunday	Memorial Car Park	14.30
Sun 27 <sup>th</sup> Nov	Festive Market	High St	1100 – 1700

If you are aware of other events in Breckland then please email the editor with the basic details.

[John Chamberlin](mailto:bjcoi8@gmail.com) - Editor - email: [bjcoi8@gmail.com](mailto:bjcoi8@gmail.com)



## Business, Administration & Housekeeping matters:

### Shed Opening Times:

Social Room and Workshop - Mondays and Wednesdays 09:00 till 12:00.

Computer Room - Mondays 09:00 to 12:00 - Wednesday 09:00 to 16:00 - Thursdays 09:00 till 12:30.

### Housekeeping:

Please assist other members and the committee by keeping the shed tidy and helping with general chores.

### Treasurers Report:

*“Funds remain stable thanks to the continued support of all members. For those of you who may not have heard, the Men’s Shed have been awarded a Lottery Grant. This was applied for to help pay for room rental, coach costs amongst other things. This will help us to continually maintain a healthy bank balance. Thanks must go to our Chairman as it was he who initiated and completed the bulk of the application.”*

*The yearly & monthly accounts may be examined, and any questions answered upon application to myself.”*

[John Chamberlin](mailto:bjcoi8@gmail.com) – Treasurer – email: [bjcoi8@gmail.com](mailto:bjcoi8@gmail.com)



# The Shed Journal



## Memberships Report:

*“Membership remains static at 58. The majority of members have attended since renewing the AGM and those who have not been contacted to check up on their well-being and assistance offered. If you have any friends or neighbours who you feel may enjoy the Men’s Shed, then please spread to word.”*

*John Chamberlin* – Membership Secretary – email: [bjcoi8@gmail.com](mailto:bjcoi8@gmail.com)

## Committee meeting:

Next committee meeting is on Wednesday 5<sup>th</sup> October at 3pm in the Sports Centre.

Should any member wish to submit an item for discussion by the Committee please email your request direct to the Chairman (*Malcolm Trayhorn* - email: [malcolm.trayhorn@gmail.com](mailto:malcolm.trayhorn@gmail.com))

The meeting welcomes 'observers' from the membership, they can submit questions and/or signal their wish to attend to the secretary no later than Thursday 29<sup>th</sup> September. *Stewart Haile* - email: [shaile33@aol.com](mailto:shaile33@aol.com)

## Your committee:

Malcolm Trayhorn: Chairman, Social Sec & Press	Gordon Williams: Vice Chairman	Jeffrey Heath: Tech supervisor
Stuart Haile: Secretary	Richard Adams: Workshop & Liaison	John Bunning: Tech assistant
John Chamberlin: Treasurer & Memberships		

## Health & Safety:

It is important that we know how many members are in attendance at all times. Please ensure that you visit the Main Hall to sign-in, do not just go to the Workshop/Computer rooms. Also please remember to sign-out.

All members have a duty of care for themselves and others whilst on the premises. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided.

## Wanted, For Sale & Free Notices:

Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - [bjcoi8@gmail.com](mailto:bjcoi8@gmail.com) with a price, picture. Also include a brief description of the item along with your contact details. I shall endeavour to list the item here.

**Note:** All transactions are **strictly** between two parties. WMS does **not** endorse nor guarantee any items sold.

**Free:**  
 I have some 'Baby' Aloe Vera plants  
 Free to a good home.  
 For more information:  
 Contact: Robin Trewartha  
 01953 797622  
[robintrewartha@btinternet.com](mailto:robintrewartha@btinternet.com)

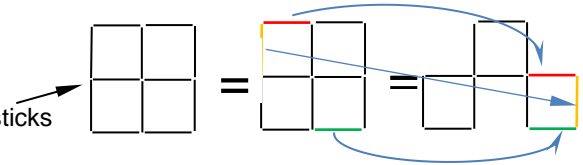




## Solutions

**Joke:** I don't know, and I don't care. 🤪🤪🤪

**Puzzle:** Make 3 squares of equal size by moving only 3 matchsticks



**Who?** **York** (White rose) and **Lancaster** (Red rose). Fought between 1455 and 1485, Lancaster were victors.

**Where?** **Berlin**. The bridge straddled East and West Berlin. Often used to exchange spies during 'The Cold War'.

**Why?** Knitted headgear worn by the British in the Crimean war. Named after the town and battle of Balaclava.

**When?** **C. 1119**. A Catholic military order active till c.1312. Formed to protect Christian pilgrims in Palestine.

**Which?** **River Severn**. Iron Bridge opened in 1781 was the first major bridge in the world to be made of cast iron.

**What?** **Sulfur**, **Carbon** (Charcoal) and **Potassium Nitrate** (Saltpetre). Earliest formula written in c.1044.

**That's odd:** **Fen**. The others are typographical printing terms. Fournier's & Didots systems developed c.1783.

**Next in line:** **Bale**. These are writing paper measurements ranging from 25 through 5000 sheets.

**MIA:** **Minim** (2 beats). Musical notations in numbers of beats or parts of.

Please visit our website: [www.waylandmensshed.co.uk](http://www.waylandmensshed.co.uk) which is regularly updated.

You can also contact us via email: [waylandmensshed@gmail.com](mailto:waylandmensshed@gmail.com)

If you wish to make a compliment, complaint, or comment, please feel free to do so. Without constructive feedback it is very difficult for the WMS Committee to know if they are meeting member's expectations.

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