



#### **Issue 26**

October 2023

### Your monthly update on WMS News and Events

#### Chairman's Foreword:

Hi all, I'm not sure whether any of you are Co-op members but it might be worth considering as Wayland Men's Shed has been chosen to be part of the next round of the Co-op Local Community Fund. This means that every time a Co-op member buys selected Co-op branded products and services, they will give our cause a helping hand. This will run from 22<sup>nd</sup> of this month through to October 2024. More information on this project to follow so watch this space. ""

Malcolm Trayhorn - Chairman - email: malcolm.trayhorn@gmail.com

#### Editorial: (Fresh articles needed for publication please)

Welcome to issue 26 of "THE SHED JOURNAL"

"Please bear in mind that this is your publication and without contributions from members we are in danger of the Journal becoming somewhat staid in its content/presentation. The more of you who contribute the more interesting and diverse we can make it. Over time I have tried to introduce a few new sections: -

*Trusted Traders.* Here you can recommend or disgrace a company or tradesperson. *Happy Shopper.* You can recommend or debunk an item purchased or the shop it was purchased from. *Local events.* If you hear of an upcoming Wayland event, please inform me and I shall add it to the list. *Wanted, For Sale or Free.* Send a description, price, and contact details with or without a picture or two.

If you can think of anything interesting or informative to include i.e., Scams, DIY/Gardening tips, a film, book, magazine or music review, a good TV or radio station then please feel free to send me details and I will consider them all.

If you come across an interesting article (not too lengthy), please send it to me or point me to it. Members are also welcome and indeed encouraged to contribute small articles themselves (around 300 words with pictures) of days out, holidays, life/work experience, hobbies etc. You may think it mundane, but rest assured, some members will find it interesting. I'm sure we all have a story to tell, once you start writing it will flow."

**Note:** "Political, Financial and Religious articles will be closely scrutinised before publication. However, defamatory articles <u>will not</u> be published."

"As I am far from infallible, please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please. If you prefer not to receive 'The Shed Journal' please let me know by return."

John Chamberlin - Editor - email: bjcoi8@gmail.com





#### Latest News on Shed Facilities and Amenities:

#### Main Social Room:

"The Main Social Room is where the larger part of our membership congregates to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of something or other although this is not all that goes on. Other groups may sit chatting about whatever comes up, perhaps the news, holidays, home, hobbies, family. All are a friendly bunch and welcome other members to join in the conversation and banter."

Members are reminded that it is important to come to the social room to sign in and out.

John Chamberlin – Editor

#### The Carpentry Workshop:

"The woodwork shop continues to develop. They have about 4 regular members who are doing a wonderful job in the sourcing, collecting, and sorting any donations of tools, equipment, and wood. It goes without saying that any member will be made more than welcome. You can take your skills to impart on others and/or come away with new skills. Just take yourself out there to see what's on offer, you might be very surprised."

#### Question:

Are there any members interested in 00-gauge model railways? If so, there are several items available in the workshop from a recent donation. Just pop out and see Rob Fielding or John Bunning to arrange a viewing.

John Chamberlin – Editor

#### The Computer Room:

#### "Hello fellow Techies,

Just as I have said hello fellow Techies, if you like the idea of learning more about computers or printers come along, to be honest we are not doing anything too exciting at the moment, but you can always join in dismantling computers or printers and learn all about the hardware that makes them work, you don't need any experience in computers or printers just come along, you are must welcome.

Just to give you an insight in how you could complete maintenance or just learn the hardware inside a laptop, I have put together some videos which you can find on the Wayland Men's Shed Website - Activities page or go to the YouTube Website and have a look at my Channel, just type in the search bar, 'The WMS Shedder', you should find various videos on laptops, you will see that to get to a certain part of hardware or just removing covers to complete an upgrade / maintenance task, isn't as straight forward as you might think in some cases.

The following Videos that maybe of interest could be:

- Where is that Hard disk Drive?
- Why does my laptop keep switching off?
- Overheating laptop and how to fix it.
- Plus, others.

Just three videos that could help you understand what is involved, but I must mention that there can be many other problems that stop your computer from working, as always if you have a problem contact a member of the computer group in the first instance.

Until the next time"

Jeff Heath - Computer Group Supervisor - email: jefferyheath2017@yahoo.com

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#### Trivia, Quiz & Puzzle corner:

#### September in history:

**1066** - **The Norman Conquest** began with the Battle of Hastings in which King Harold II of England, the last of the Saxon kings, was defeated and killed by William of Normandy's troops.

**1805** - **Battle of Trafalgar** – The Royal Navy defeats the combined French and Spanish fleets ending the threat of Napoleon's invasion of England. Admiral Nelson was mortally wounded aboard HMS Victory.

**1815** - **Napoleon Bonaparte** arrives on the Island of St. Helena beginning a British-imposed exile following his defeat at the Battle of Waterloo.

**1899** - **The Boer War** begins in South African between the British Empire and Boers. The war ended in 1902 with the Treaty of Pretoria in which the Transvaal and Orange Free State became British colonies.

**1927 - The 1st "talkie"** opened in New York. The Jazz Singer, the 1st full-length feature film using spoken dialogue.

#### September born into glory or infamy:

**1452** - **Richard III** - The last king of the Plantagenet dynasty and the House of York. His defeat and death at the Battle of Bosworth Field, the last decisive battle of the Wars of the Roses, ended of the Middle Ages in England.

**1632** - **Christopher Wren** - English architect, astronomer, mathematician, and physicist. Rebuilt 52 churches after the Great Fire of London. St Paul's Cathedral is generally accepted as his masterpiece.

**1833** - **Alfred Bernhard Nobel** - Swedish chemist, engineer, inventor, businessman, and philanthropist. Known for creating dynamite as well as having bequeathed his fortune to establish the 'Nobel Prize'.

**1844** - **Henry J. Heinz** - U.S. manufacturer whose highly successful prepared-foods company, H.J. Heinz Company, Inc., became famous for its slogan "57 Varieties".

**1910** - **Bonnie Parker** - Partner to Clyde Barrow - American criminals between 1931 and 1934 known for their bank robberies. They captured the attention of the American press. They were ambushed by police and shot to death.

"There will one day spring from the brain of

science a machine or force so fearful in its

potentialities, so terrifying, that even man, the

fighter, who will inflict torture and death, will be

What

two other names have the

ancient city of Byzantium

had in the modern era?

appalled, and so abandon war forever.

Sporting chance:		Quote:
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When were the Olympic rings first used?

Music, Arts or Literature:

Who wrote the notable poem, 'The Hunting of the Snark'?

#### The Six W's Quiz:

#### Where

would you be if you had this image in your viewfinder?

Which

village, located in England,

is one of only **two** places

in the world whose formal

name contains an

exclamation mark (!)?



*When* did 'Salem Witch Trials'

Thomas A. Edison"

take place? A series of hearings and prosecutions of people accused of witchcraft. *Why* are the faces of some English design court cards facing opposite

directions?





Proverb:

A fool who knows he is a

fool has a little intelligence.

but a fool that thinks he is

intelligent is really a fool.

Who

uttered these immortal words

"Now I am become Death, the

destrover of worlds."?

#### Last thoughts:

*That's odd:* Give the odd one out: Gold, Silver, Cadmium, Iridium, Osmium, Platinum? *Line up:* Give the next in line: Tenner, Score, Pony, Bullseye, Ton, ? *MIA:* Give the missing item: Sneezy, Dopey, Sleepy, Happy, Doc, Grumpy?

"Answers are shown on the last page, please advise of any typos or errors." John Chamberlin - Editor





#### Social programme:

Our Social Secretary is very adept at organising an excellent programme of events throughout the year. I'm certain however, that Malcolm would greatly appreciate suggestions and ideas for future events and outings from the membership, so please put your thinking caps on for 2024. Suggestions to Malcolm please.

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com

#### **Recent events:**

#### Quiz & Chips Night - 15<sup>th</sup> September

A good night was had by 88 members and guests with the "Ballroom Blitzers" team coming out as the Smarties. The quiz made £306 and the raffle £204. All going to club funds.

#### Bletchley Park - 18<sup>th</sup> September

13 members of the Shed visited Bletchley Park. The weather on the day was glorious and we had a good visit.

#### Cheese and Wine Evening - Friday 13th October



50 members and guests enjoyed a social gathering and at the same time enjoying a selection of wines and cheeses. The feedback from those attending was that it was a great success. The evening would not have gone as well if it had not been

for the assistance of John & Hazel Chamberlin, Dave & Dee Gambrell, Steve & Gill Fransz and Malcolm &

Barbara Trayhorn, so a big thankyou goes to them. The £40 prize for selecting the random cheese & wine choice grid was won by Maggie Payne.



#### Upcoming Social Calendar:

The social programme is now starting to wind down for the year.

Event	Date	Venue	Time	Estimated cost
Thursford Christmas Special	Tuesday 5 <sup>th</sup> December	Thursford via coach	Leave Watton 16:30 for 19:00 show	NOW FULL
Christmas Meal	Thursday 14 <sup>th</sup> December	Barn Ruche	Arrive <b>19:00</b> for <b>19:30</b> sit down	£27 PP
Mulled Wine & Mince Pie Event	Monday 18 <sup>th</sup> December	Sports Centre Bowls Room	<b>10:00 – 13:00</b> Just drop-in	FREE

#### Thursford Christmas Spectacular – Tuesday 5<sup>th</sup> December

I now have the tickets for this event and so it's all systems go for this outing. Due to unforeseen circumstances, I have had one person cancel and therefore have one spare ticket. If anyone knows of someone who may wish to join us, then please let me know soonest. We will leave the Queen's Hall car park at 16.30. This will leave sufficient time to look round the shops and attractions before the show starts at 19.00.

#### Christmas Meal Barn Ruche – Thursday 14th December

Final call for those who wish to attend. I have 52 names so far, so I need to know final numbers by the end of October. Please check list on notice board to see if your name is included. The full cost will be £27 per head.

#### Mulled Wine and Mince Pie Event – Monday 18th December

A free event for members and guests, just pop in between 10am and 1pm for some festive cheer. More information to follow please see notice board in social room.

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com





#### Member groups:

#### Editor's note on groups:

"Do you have an idea for a similar group? For example: A walking group, a book or cycling club, games group, maybe a common hobby or interest then please email the idea - bjcoi8@gmail.com and I will publish it here.

Such groups will be fully supported by the committee but arranged and run solely by the interested members."

**Note:** "A group does not have to be several members; you may just find one other like-minded individual to start with and others may well join you later."

#### Shanties at the Shed:

"At the end of September, the Shantymen sang at their biggest concert to date. We had been asked if we could help towards raising funds for St Peter and St Paul's, Griston who are raising funds to install a small kitchen and toilet facilities in the church. As part of the Shed's commitment to assist the local community where possible, we agreed to provide an evening's entertainment. As the only act on the bill, this was a significant step up on our previous gigs.

A sizeable audience was in attendance as we prepared to sing. Was I worried? Not at all! Well, perhaps just a little bit. Everyone had worked hard in rehearsals, and we were good to go. Suffice to say that the everything went well and, to judge by the comments received at the end of the evening, people enjoyed themselves. It's fair to say that some songs went better than others and there is plenty to work on in coming weeks. However, everyone stood up to the plate and did their best.

The group first met on 26<sup>th</sup> September 2022, and I don't think that any of us envisaged carrying an entire evening in front of a paying audience in such a short time.

Talking about 'plates,' mention must be made of the excellent refreshments served by the ladies at the interval. An exceptional selection of home-baked cakes and savouries washed down with tea or coffee. It all helped to make the evening a success.

We are now back in rehearsal and working to expand our repertoire. If you would like to give shanty singing a go just come along to a rehearsal. You are assured of a warm welcome and you can sing as much or as little as you want. The next sessions will be on **Monday 6**<sup>th</sup> and **Wednesday 15**<sup>th</sup> **November 2023** in the back room behind the bar starting as soon as possible after 10 o'clock. Don't forget to book in and pay the usual £2 fee. "

Interested? Contact Nigel Potter – Shanty group lead - email: silveralto@gmail.com

#### The Music Club:

"There was no music group this month as the groups illustrious leader was sunning himself in Italy. However, they will return to their usual spot next month on **Wednesday 1<sup>st</sup> November** in the back room behind the bar starting as soon as possible after 10 o'clock. Don't forget to book in and pay the usual £2 fee."

Interested? Contact *Nigel Potter* – Music club lead - email: silveralto@gmail.com



#### The Shutterist's:



For this month I offer a different perspective to that of my own photography. Many may say the new titan for capturing images is the mobile phone, after all, most if not all, have one with us most of every day. Hence the phone can help to provide more 'in the moment' opportunities to shoot more images. No need for heavy camera's, lenses, bags etc... and it just slips in and out of your pocket. So, for you phone lovers, grab your phone and use its Tech to shoot great images and if you enjoy it – join the Shutterists and further 'explore.'

#### (1). Group Outings - The Photo Walk

#### (a). Woodbridge, Suffolk – Thursday 21st September

An event kindly organised by Bob Darts, and attended by 6 Shutterists, and reported by Bob as follows:

"Once more a group of intrepid Wayland Men's Shedders (Shutterist Group) took a chance and slipped over the border into the dangerous and mostly uncharted land known locally a Woodbridge. Armed with their cameras our brave souls eagerly set about photographing areas along the waterfront including boats resting on the riverbed mud as well as numerous wading birds seeking out a morsel of food before the rush of the incoming tide. A relaxing walk along the banks of the river Deben then ensued providing even more photographic opportunities. The Flutterists (aka Shutterist group members who love birding) among them enthusiastically pointed out to the less knowledgeable the identities of our wading friends giving details of their calls and feeding habits.

With food in mind, we returned to the waterfront and following a review of some nearby lunch establishments we decided to try our luck at a hostelry locally known as the Anchor Public House. This proved to be an excellent suggestion as we were treated to the most delicious plates of "Battered haddock, chips and peas." As one we each awarded our meal 11 out of 10 using the well-known Haile Scale of deliciousness.

We had a cracking day out and returned unscathed to the safety of Norfolk where we'll seek out new places to explore in the coming months."

Unfortunately, Neil Rowe missed the trip but kindly agreed to cast his eye over the 6 entries and selected his winning submissions as follows:







**SILVER Moorings & Mud** Silver Award: shot by **Bob Darts** Bronze Award: shot by **BRONZE Nice View David Haylock** 

All entries can be seen in the 'Shutterists Photo Album' for September.

John Ford will again be presented with '<u>The Terry Knight Trophy</u>' in due course. Again, thanks to Neil for judging the entries and Bob for arranging the trip.





#### (2). 2022 - 52 Week Capture Challenge

The 2023 monthly competition has exceeded all expectations with regards to both quality and participation. Although several Shutterists did engage in submitting all weekly entries, many found the weekly format for 2022 'too many', in addition it was an administrative nightmare. Despite my best intentions these last few months I have been unable to resurrect all weekly submissions and therefore with regret I will not be issuing any further results from 2022.

Returning to the positiveness of 2023 – I feel we now have the format right with both a monthly, rather than weekly, competition and best photo(s) of an outing.

#### (3). 2023 – Monthly Challenge

The 12-month WMS Artistic Challenge takes place as a tribute to **Terry Knight**, one of our original photo group members who sadly passed away in 2019.

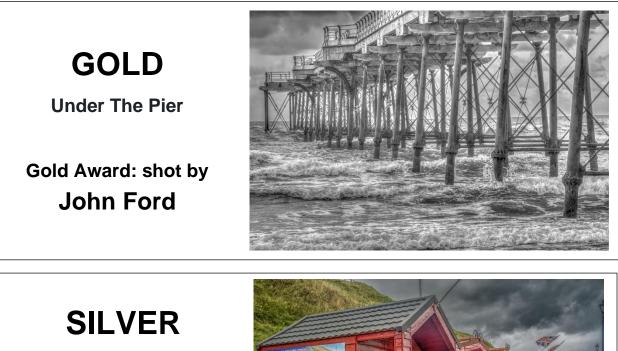
#### Month 9 – September

The monthly challenge is based on a twelve-letter word.

#### THE LETTER FOR SEPTEMBER WAS THE LETTER: 'U'

Entries, a total of 13, which can all be seen in the Shutterist Album for September.

#### AND THE WINNERS ARE:



**Union Jacks Fly Proud** 

Silver Award: shot by John Ford









#### The 2023 Monthly Challenge – Summary of what it's about.

#### Photographers:

Entry(s) can be one colour and / or one black & white – can be different photo or same. *Photo must be taken in that month and title must start with the Letter of the month.* All members of the Shutterists, whether entered that month or not, get six votes.

Remember though - It's for fun... but it is a challenge.

#### Other mediums:

WMS artistic talent (in other 'Art Forms' such as charcoal sketch, water-colour, acrylic, pottery etc...) choose your medium and enter accordingly.

Please also refer to last page of The Shutterists Album – gives great stats...

#### (4). What's coming up for the Shutterists...

#### **Monthly Outings**

#### Planned – one trip for October, so far.

#### 'Dersingham Bog, Norfolk'

A trip being kindly arranged by Mr Bob Darts 17<sup>th</sup> October A walk into the miniature world of the forest – A Fungi Foray More ad-hoc trips (maybe)... watch your inbox and / or the Shed Notice board.

#### Monthly Challenge – October will be the Letter 'R.'





#### An aide memoir re the WMS Shutterists

As a reminder to all Members, The WMS Shutterists are predominantly an 'Artistic Group,' however cameras / pencils / paints are not a pre-requisite for trips out. The Shutterists welcome all fellow members of WMS to come and enjoy our outings. It is generally a good walk in beautiful East Anglia, nearly always with the odd coffee, beer, wine, lunch, dinner thrown in for goodwill.

Join the Shutterists, which is huge fun, and allow those creative juices to flow...

Interested? Contact Stewart Haile - Shutterist's group lead - 07775 694099 - email: shaile33@aol.com

#### Car Pub Club:







Event Number 9: Friday 20<sup>th</sup> October 2023 at 12:30

Following various recommendations - the WMS CPC will be enjoying food at:

Lunch		
Venue	The Honingham Buck	
Address	Honingham - NR9 5BL	
Return Mileage to Watton	34	
Typical cost for main course	£ 19.00	

For those of you (with partners / friends) that are interested, please email me direct, letting me know your name, number of people and whether you wish to drive or car share.

**NOTE:** The above is based on The Honingham Buck accepting our final booking.

For more information, or any questions please feel free to contact me:

Interested? Contact Stewart Haile - Car Pub Club lead - 07775 694099 - email: shaile33@aol.com



#### **Other News, Notices, Events & Interesting Articles:**

STAY SAFE ONLINE - AVOID BEING A VICTIM (Previously published but a timely reminder of the pitfalls)

**1.** <u>Don't</u> make yourself a target, keep a low profile, and keep information on social media about yourself to an absolute minimum, take the threats seriously and protect your identity.

**2.** <u>Don't</u> put any embarrassing information, photos, messages, or facts about yourself on any website, things that you could later come to regret, or end up looking stupid. Don't put the details of what you are doing, where you are going, or if you are going away from home, on any social media sites.

**3.** <u>Don't</u> respond to, or reply, or click on anything you get sent which is suspicious, by replying you acknowledge you are there, and you could get malware onto your computer or device, for further attacks against you.

#### Questions to ask yourself when you get ANY messages or emails.

Do you know the person or organisation who sent it? Were you expecting it?

Does it look real?

Are there spelling mistakes or poor English?

Is it asking for confidential information?

Unless you are sure that you can really trust it, <u>**DO NOT**</u> open or click on any attachments or web links (underlined words in blue) contained in it.

**4.** When browsing web sites on the internet, beware of items or links that you can click-on, and NEVER download anything from websites that are suspect, or are new to you, or which you were not expecting.

**5.** <u>Ignore</u> ALL pop-up windows or messages from the Internet saying that your computer might be infected, there is NO WAY that anyone can tell that remotely, it is a scam.

**6.** Make sure your anti-virus software is up to date on your computer, and back-up your personal data regularly to a removeable disk/device.

7. <u>Never</u> pay any ransom if you are attacked, seek help from an IT professional immediately and do report it to the police. There is little chance you will ever get your computer or data restored even if you do pay, and you will never get your money back!

**8. NEVER** let anyone, whoever they say they are, have remote access to your computer, it is a scam. NO genuine telecom, internet or software company will ever call you about security.

**9.** Have good quality, easy to remember, but secure passwords and protect them. Use words that mean something personal to you, but are not obvious, and could never be associated with you, or your immediate family.

Submitted by *John Chamberlin* **Note:** This advice comes from my friend. He has decades of experience working with the Police, MOD, and the security services.



#### Remembrance Day November 12th

Wayland Men's Shed have laid a wreath at the war memorial in Thetford Road opposite Tesco's each year at the ceremony held on remembrance Sunday. Alan Diver will represent us to lay the wreath and any member who would like to attend should be in the memorial car park at 2pm.



#### Defibrillators

There are <u>two</u> Defibrillators in the Sports Centre. Please make yourself familiar with <u>both</u> locations

The first is located at the far end of the Bowls Club Room The second is located just outside the Lounge Bar, just off reception.





#### It's All in the Game:



Left is a new venture that the sports Centre are trying to launch. Please make your interest (if any) known to Arthur or Mel at the Sports Centre Reception.

Right is a similar venture starting up at the Kings Arms in Middle Street, Watton. The Breckland Boardgamers.

I'll leave interested members to make their own investigations.





#### Prostate cancer:

The UKMSA recently hosted a session with Professor Mark Emberton who is a world leader on the subject of Prostate cancer. The lecture is available on you tube and well worth a look. It will tell you everything you might want to know. Paste this link into your address bar.

Shedding Light on Prostate Cancer with World Leading Professor Mark Emberton - YouTube

#### Trusted Traders: (Come on chaps, I'm sure some of you must have entries)

This regular section (if populated) will list traders that you can either recommend using or to avoid based on the overall experience. Please send me a brief description of traders that you have used including the headings below, stating why you either recommend them or not. email bjcoi8@gmail.com

I shall list them here for 3 months before letting them drop off the list.

	Akers Tree Services Tree Surgeon	Quality: Pros/cons:	Efficient, left everything neat and tidy Will use them again.
Pricing: Reliability:	Reasonable Arrived punctually	Submitted by:	Nigel Potter

### Money

#### Money Helper:

In this age of financial uncertainty, I thought it a good idea to point members in the direction of **Helper** this website: - www.moneyhelper.org.uk. It is a government backed site covering all aspects of financial advice i.e., support, assistance, and guidance. Have a look and see what you think.



#### WMS Website:

Our website address is: www.waylandmensshed.co.uk.

Members are encouraged to visit the site and have a look aound. The site is continually undergoing updates and our thanks go to Neil Rowe for his continued efforts. Constructive comments, suggestions or ideas for improvement and potential new content are very welcome. Just approach Neil or any committee member.

#### The Happy Shopper:

Editor's note: Can you recommend or debunk an item purchased or the shop it was purchased from? If you have a piece, then please send it to me bjcoi8@gmail.com (No War and Peace articles though).





#### **CROMER PIER PART 2**

#### RECONSTRUCTION AFTER THE BARGE IMPACT OF 14'TH NOVEMBER 1993 TOOK OUT 40 METRES [150FT] OF PIER AT THE ROOT END

On Sunday 14'th November a rogue barge ran through the pier taking out 40 metres of the pier making it impossible for anyone to reach the lifeboat station at the end of the pier.

By Thursday 18'th November John Martin

Construction had constructed a temporary rope pedestrian footbridge across the gap to enable the lifeboat crew to reach the lifeboat and launch a rescue in the event of a 'shout'.



However, this narrow and swaying footbridge was a very temporary solution, and the next task was to build a more substantial rigid walkway 2 metres



wide founded with piles to one side of the footprint of the pier to enable full reconstruction of the pier to take place.

It took until the 3<sup>rd</sup> week of January to design and complete the construction of the temporary bridge.

At the same time clearing away of the debris

continued apace and it quickly became clear that the original foundations of the pier columns were damaged beyond use as were the original cast iron columns themselves.



Looming on the horizon in the minds of the pier owners North Norfolk District Council, the Theatre managers and retail outlets on the pier causing anxiety was the opening date of 1'st May for the first pier show of the season marking the commencement of the tourist season.

#### A TARGET THAT HAD TO BE MET.

The first pile was driven on 25<sup>th</sup> January meaning that 14 weeks later all reconstruction had to be completed and the pier made ready for a grand opening ceremony.





One difficulty that had to be overcome was the sourcing of 14 new cast iron columns weighing 7 tons apiece and to our great satisfaction we awarded the contract to

Norcast Ltd the 70-year-old foundry that operated out of New Costessey in Norwich who also made the cast iron handrail stanchions.

All marine construction projects are challenging being in the hostile environment of tides, waves and storms of which this contract had its share but despite it all the



grand opening ceremony took place on 1<sup>st</sup> May with The Rt.Hon. Gillian Shephard, MP, Minister of Agriculture, Fisheries and Food cutting the tape and unveiling the plaque.

That evening at The End of Pier Show the staff and men of John Martin Construction who undertook the work enjoyed front row seats and had the micky



taken out of them by the comedians who had polished up their jokes on the men who had been working flat out on the-pier that -had -been sliced -in-two gags.

#### Submitted by Martin Lavers



UK Men's Shed Association (UKMSA):

To find out more about the UKMSA, <u>type</u> or, <u>cut and paste</u> this link into your address bar. https://mailchi.mp/778027b65e3a/shoulder-to-shoulder-sept-2023?e=a370dbe526





#### Local events 2023:

#### Please email me the details of any event you hear about in Wayland: - bjcoi8@gmail.com

Date	Event	Location	Time
Sat 28 <sup>th</sup> October	Halloween Party	Watton Sports Centre	TBA
Sat 28 <sup>th</sup> October	Fireworks Display	Wayland Show Field evening	TBA
Sun 12 <sup>th</sup> Nov	Remembrance Sunday	Memorial Car Park	TBA
Sun 26 <sup>th</sup> Nov	Festive Market	Watton High Street	TBA
Sat 16 <sup>th</sup> December Big Christmas Party		Watton Sports Centre	TBA
Sun 24 <sup>th</sup> December	Sun 24 <sup>th</sup> December Our Family Christmas Party		TBA

#### Men's Shed – We care:

Members of our shed have a variety of reasons for being a member.

- Having other male companionship.
  Reducing the feeling of loneliness.
  - Reducing the feeling of loneliness.Meeting up with others.
  - A way of making new friends.

Whatever the reason there is plenty of evidence that our shed is making a difference.

It has come to my attention through recent events that there are men in the area who are desperately in need of support and may not always be able to attend our meeting room.

Would any members, who are able, be prepared to visit a vulnerable male once or twice a week at their home? If you feel that you may be able to assist, please contact me and I will give more information.

Malcolm Trayhorn - Chairman - email: malcolm.trayhorn@gmail.com



#### Facebook:

WMS has a group page – currently with around 17 members:

www.facebook.com/groups/5797251266956413

**Note:** The above page should not be confused with a similar page, this was an earlier iteration from the days of our formation, this legacy page is **<u>NOT</u>** updated by the Men's Shed (**Please use the above link**).

#### CALL TO ARMS

"Is there a member amongst you that is a <u>Facebook Guru</u>? If there is, then perhaps you would rally to the cause for your Mens Shed. We really do need our Facebook page updated and maintained with what we have on offer with our current facilities/groups etc. I'm certain that it's not an onerous task and it would help us to get the word out to more people. You will have the full support of the committee and be supplied with the necessary information that you would require. So, come on board and ease us into the world of social media."

John Chamberlin



#### Wanted, For Sale & Free Notices:

Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - bjcoi8@gmail.com with a price, picture, also include a brief description of the item along with your contact details. I shall endeavour to list the item here.

Note: All transactions are strictly between two parties. WMS does not endorse nor guarantee any items sold.

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#### **Business, Administration & Housekeeping matters:**

#### Shed opening days and times 2023:

Social Room - Mondays and Wednesdays 09:00 till 12:00. Woodwork Shop - Mondays and Thursdays 09:00 till 12:00. Computer Room – Mondays and Thursdays 09:00 till 12:00.

#### Health & Safety:

It is important that we know how many members are in attendance at all times. Please ensure that you visit the Main Hall to sign-in and out, do not just go to the Workshop/Computer rooms.

All members have a duty of care for themselves and others whilst on the premises. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided; they're located in the filing cabinet in the workshop.

#### Housekeeping:

Please assist other members and the committee by keeping the shed tidy and helping with general chores.

#### Your elected committee:

Malcolm Trayhorn:Chairman, Social Secretary & PressNeil Rowe:Secretary & WebsiteJohn Chamberlin:Treasurer, Memberships & Journal	Gordon Williams:	Vice Chairman	John Bunning:	Tech assistant
	Jeffrey Heath:	Tech supervisor	Rob Fielding:	Workshop supervisor

#### Committee meeting:

Next committee meeting will be on Wednesday 4<sup>th</sup> October 2023 at 3pm in the Sports Centre.

Should any member wish to submit an item for discussion by the committee please email your request direct to the chairman. *Malcolm Trayhorn* - email: malcolm.trayhorn@gmail.com

The meeting welcomes 'observers' from the membership, they can submit questions and/or signal their wish to attend to the secretary no later than Thursday 28<sup>th</sup> September 2023. *Neil Rowe* - email: neilr101@btinternet.com

#### **Committee note:**

The minutes of all committee meetings are available for perusal in the minute book at the shed, therefore a draft copy <u>will not</u> be individually distributed to shed members. However, should any member require an e-copy, they may request the same on application to the secretary.

#### **Treasurers Report:**

"Shed funds continue to remain steady. As always, the committee appreciate your continued support as together we continue to build a secure future for us all.

*Full, yearly & monthly accounts may be examined, and any questions answered upon application to myself." John Chamberlin* – Treasurer – email: bjcoi8@gmail.com

#### Memberships Report:

"Membership currently sits at 78 with attendance remaining very high. On Mondays we regularly see well over 30 members in attendance, Wednesdays is somewhat less, but it seems to be becoming more of a games morning along with the music and shanty groups boosting Wednesday attendance further."

John Chamberlin – Membership Secretary – email: bjcoi8@gmail.com





#### **Quiz and Puzzle solutions:**

**Sport: 1913** – Designed by Pierre de Coubertin who stated, "These five rings represent the five continents of the world now won over to the cause of olympism and ready to accept its fecund rivalries".

Music, Arts

& Literature: Lewis Carroll (Charles Lutwidge Dodgson). 'The Hunting of the Snark' was first published in 1876.

Who? J. Robert Oppenheimer. An American theoretical physicist. Often called the "Father of the atomic bomb".

Where? Grand Canyon National Park, Arizona, USA. Appr. 277 miles long, 18 miles wide, 1 mile deep.

- Why? In the 1800's the design was made double-ended with the suit sign moved to be always top left. This assisted if cards were held in a fan shape. As a result, some court cards were 'turned' to face the other way.
- When? 1692 1693, Massachusetts, USA. 200 were accused, 30 found guilty, 19 were hanged.

What? To Constantinople in 330 by the Romans then (officially) to Istanbul in 1930 by the Turks (not 1453)

Which? Westward Ho!, Devon. The only other place is Saint-Louis-du-Ha!-Ha! in Quebec, Canada.

That's odd: Cadmium. Although relatively rare, it is not 'Precious'. The other 5 metals are.

Next in line: Monkey. Cockney slang for currency notes. £10, £20, £25, £50, £100. A Monkey was £500.

MIA: Bashful. They are of course 'The Seven Dwarves'. From the 1937 Walt Disney Film.

You can also contact us via email: waylandmensshed@gmail.com

If you wish to make a compliment, complaint, or comment, please feel free to do so. Without constructive feedback it is very difficult for the WMS Committee to know if they are meeting member's expectations.

**Disclaimer** - The information contained within The Shed Journal is for general information purposes only and assumes no responsibility for any errors or omissions in the content. In no event is the editor or other members of WMS liable for special, direct, indirect, consequential, or incidental damages arising out of or in connection with the content. We reserve the right to make additions, deletions, or modifications to the contents at any time without prior notice. Any views or opinions either explicit or implied are NOT the views or opinions of either the Wayland Men's Shed or the editor.