



Your monthly update on WMS News and Events

Chairman's Foreword:

"We have now started a new financial year which means we have all had to renew our membership subscriptions. Thanks to grants and other income from workshops, quiz nights and other sources, plus the careful management of finances by our treasurer we have been able to keep the annual fee to £20 and attendance fee to £2. Great value for money if you ask me! If there is anyone going through tough times, please speak to the chairman or treasurer. All matters will be treated with the strictest confidence and respect."



Our Shed actually began on **5th October 2016**, so this coming October will be our 10th anniversary. This is something that cannot pass without recognition and celebration.

Therefore, we will be having a special celebration on **Saturday 3rd October 2026** in the main sports hall at the Sports Centre. This is an opportunity to show everything we do and there will be tables and display stands representing all groups and interests.

I know that the "Shutterists" are already gearing up for this and the Shanty group will have a display as well as singing us a few shanties. **So please get involved so we can put on a great show.**

The committee are holding a meeting to finalise arrangements on Monday 27th July so if you have any suggestions or input, please speak to a member of the committee or leader of subgroups. We would like to see **ALL members plus a guest** at this event so put the date in your diary and add your name to the list on the noticeboard in the social room. A catered buffet with tea and coffee will be provided."

Malcolm Trayhorn – Chairman - email: malcolm.trayhorn@gmail.com

IN MEMORIAM: ALAN DIVER



Alan sadly passed away last month, losing his long battle with Parkinsons. He joined the shed on 2nd September 2019 attending regularly until his health started to deteriorate.

He was a quiet friendly man who liked to chat. He had careers in both the Fusiliers and the police force. Alan was always proud to place the Men's Shed wreath on Remembrance days. He will be sadly missed.

Issue 59 of 'THE SHED JOURNAL'

"Members are welcome to contribute articles about themselves of days out, holidays, life/work experience, hobbies etc. Perhaps there is a TV program/channel, radio station, film, or series that you can recommend. I'm sure we all have a story to tell, once you start writing it will flow."

Also, if you come across an interesting article, please send it to me or point me to it. If you hear of anything interesting or informative to include i.e., Scams, DIY/Gardening tips, a film, book, magazine or music review, a good TV or radio station then please feel free to send me details and I will consider them all. The more of you who contribute the more interesting and diverse we can make it."

Note: "Political, Financial and Religious articles will be closely scrutinised before publication. However, defamatory articles will not be published."

"Please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please."

John Chamberlin - Editor - email: bjcoi8@gmail.com



Latest News on Shed Facilities and Amenities:

Main Social Room:

"The Main Social Room is where the larger part of our membership congregates to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of cards, dominoes, or such like although this is not all that goes on. Other groups will sit chatting about whatever comes up or perhaps read a magazine. All are a friendly bunch and welcome other members to join in the games, conversation, and banter. After signing in, the Computer and Workshop shedders will drift off to the outbuilding to take up their interests."

Members are reminded that it is important to come to the social room to sign in and pay subs. This is important for fire safety and to evaluate whether members have been absent. Please can you attempt to wear your name badge to assist new members.

Carpentry Workshop:

"Rob Fielding and his team of regulars continue doing a wonderful job and enjoying themselves in the process. So, for a change of scenery and company why not take yourself out there to see what's on offer, you might be pleasantly surprised. Who knows, you may well come away with new skills or pass your own skills or ideas on to others."

The Computer Room:

"Items listed below for the status of the computer room group as we pass through this year. The computer group continues to be busy and has 4 main areas of work."

Printers

Laptops

Desk top machines.

Stripping non-viable machines and equipment for salvage

Computer training for all members of the Men's Shed has received limited requests for software package training but system training has been greater, this has ranged from phone, tablet and laptop. Repairs for members and their family's equipment has also increased.

The number of members in the computer room has been low due to holidays and social calendars.

Revenue is still on-going even though the indoor car boot sales have now stopped, with sales to the public continuing. Sales of the desk top machines is slow but there are a few people requesting them, we have just made a sale for 2 machines and 1 printer for £140.

Recycling Motherboards continue to be recycled.

Main recycling of computer components and electrical items.

The current Wi-Fi system provided by Three is 4G Wi-Fi and seems to be past its life expectancy and needs replacement. In discussions with Anglian computers they have recommended we switch to Starlink.

£299 for the Hardware - £45 mounting bracket for a Dish

£55 +VAT per month - 100 MB download - 20-45 Upload

No installation fee

I have spoken with the sports centre to see if we can link on their system but have found it is also not powerful enough. We have looked at joining with the separate system used in the gym by Elliott but that is also not powerful enough. Other systems need to be considered BT/EE

Recycling of electrical components by the local council "

Mike Briggs - Computer Group Supervisor - email: mikebriggs01@btinternet.com





The Shed Journal



Shed Journal Quiz: (Note - There is now a link to the answers page)

I compile every quiz from scratch. (I do not download them). Please send any typos or errors to me please.

NATIONAL IDENTITY		Answers
Give the <u>BIRTH</u> country of these people.		
1	Ludwig Von Beethoven	
2	The Dalai Lama	
3	Prince Rainier	
4	Mother Teresa	
5	Roald Amundsen	
6	Sir Arthur Conan Doyle	
7	Guglielmo Marconi	
8	Rembrandt Harmenszoon van Rijn	
9	Henry Morton Stanley	
10	Juan Peron	
11	Sir Donald Bradman	
12	Sandi Toksvig	
13	Fyodor Dostoevsky	
14	Rodin	
15	Benjamin Franklin	
16	Arnold Schwarzenegger	
17	Pablo Picasso	
18	Desmund Tutu	
19	Prince Phillip	
20	Sir Arthur Wellesley	
21	Mary Peters	
22	Marlene Deitrich	
23	George Orwell	
24	Edward Elgar	
25	Adolph Hitler	
26	Alfred Nobel	
27	Alexander The Great	
28	Sir Edmund Hillary	
29	Vasco De Gamma	
30	Hans Christian Andersen	

Quiz answers are on the last page (use the link above or [click here](#)).





Social programme:

Recent events:

Ten-pin Bowling - Thursday 18th June

"Twelve members went to Strikes Bowling Alley in Dereham. For two games plus a drink & snack it cost £10.95. The winner of the day was Al Middleton with a cumulative score of 223 over the two games. He is now the holder of the magnificent trophy."



Upcoming events:

Cromer End of Pier Show Matinee - Friday 17th July

"The coach will leave the Queen's Hall car park at 10am. We should get to Cromer approx. 11.15am then you will have free time until 2.30pm when the end of pier show is due to start. Cost is just £30 to include Show and coach (Subsidised by the shed). I still have 3 places left so if any of you know someone who may wish to join us, please let me know ASAP."

Meditation - Monday 20th July

"Amanda will be holding a session on Monday 20th July and Monday 17th August. Please let me know if you would like to attend these sessions by putting your name down on the notice board or reply to me by email. Further dates to be announced in due course."

Greyhound Racing at Yarmouth Stadium Wednesday 29th July

"There will be 23 of us going to this outing. It will be a coach trip with a booking to the Raceview restaurant including admission, racecard and a main course. Cost is only £30 to include coach."

Quiz Night - Friday 14th August

"Get your names to me soonest as spaces are limited and will fill up quickly. There will be a notice up on the board in the social room. Cost remains at £5 for entry. Any offers of raffle prizes gratefully received."

Event	Date	Venue	Time	Estimated cost	BACS ref
Cromer Pier Show	Friday 17 th July	Cromer Pier	Coach – Queens Hall - 10 am	£30 per person Coach and show	Cromer Pier
Meditation	Monday 20 th July	Bowls Room	12:15	FREE	N/A
Greyhound Racing	Wednesday 29 th July	Yarmouth Stadium	TBA	£30 per person Coach and Entry	Greyhound Racing
Quiz Night	Friday 14 th August	Sports Centre	TBA	£5 per person Bring nibbles	Quiz Night

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com

Treasurers note:

"May I respectfully request that when you pay by BACS/Faster Payment that you use the correct reference, i.e. "Yarmouth Dogs" – "Quiz Night" – "Christmas Meal" etc.

Also, if you are paying for more than one event at the same time, could you please use a separate transfer for each individual event. This would help me to clearly identify each transaction."

Lloyds Bank - Account name: **"Wayland Men's Shed"**

Sort code: **30-98-90**

Account No: **16989360**

Ref: **Yarmouth Dogs, Quiz night etc.**





Member groups

The Shutterists:

"We are an artistic group with an un-written modus operandi of "For fun"

The Shutterists activities include;

1. *Regular outings to photogenic places – we have logged more than 60 visits*
2. *Learning to improve our camera handling and photographic techniques*
3. *Embracing other creative artistic media*

The Shutterists allows all camera types, including phones/tablets. However, as we embrace other creative techniques, cameras are not a pre-requisite, as for example, one of our keen members will attend outings with his charcoal and sketch pad. 'Shutterists' outings generally take in a coffee, food and even the odd beer – it's a social trip as much as a photographic / artistic one and we all share friendly banter."

Interested? Contact [Stewart Haile](#) - Shutterist's group lead - 07775 694099 - email: shaile33@aol.com

June:

- **Outing:** Orford Ness
- **Monthly Competition:**
Composition Technique –Fill the frame

Photo entry:

Starting with the letter 'C'



What's next for:

July:

- **Outing:** Flatford Mill
- **Monthly Competition:**
Composition Technique
Negative Space

Photo entry:

Starting with the letter 'U'

Training News

Watch this space



The Shed Journal



June Outing 2nd June: Orford Ness - National Trust

For this month we thought we would visit the National Trust site at Orfordness in Suffolk. This month's trip involved only 4 members going. Bob very kindly offered to drive and we left Watton at 8pm. We have to be at Orford for 10-35 as we had to book a ferry to get us across to the Ness.

Fortunately, we arrived in good time and managed to get a cup of coffee at the riverside café before getting the ferry. If you are ever around this area, the café is very good in a superb location.

When we left Watton the temperature was already mid to high 20's, but on arrival in Orford there was a lovely sea breeze and the temperature was about 21 degrees, and it stayed like this all day, really nice.

On arrival on the Ness, you immediately notice the unique landscape. It is so different and the abandoned military buildings add to the mystical atmosphere. We were given a briefing from a NT guide, and was told because of nesting birds, there was only one route available for us to walk. So off we went and eventually walked about 8 km. All sorts of wildlife were available to see which kept us interested as well as the changing landscape. You kept on wondering what it must have been when the site was active.



Evidently the Ness has been occupied since medieval times but became really busy during the First World War when an airdrome was built on the Ness. Building up to World War Two, the development of RDF, leading to RADAR took place. Between 1953 and 1966 six large test cells and most of the other buildings were built to carry out environmental tests on the atomic bomb. These tests were designed to mimic the rigours to which a weapon might be subjected before detonation, and included vibration, extremes of temperature, shocks and G forces. The MOD sold Orford Ness to the National Trust in 1993.

All in all, we had a great day and at the end we returned to the Riverside Café to finish with cake and coffee to complete the day.

Al Middleton kindly accepted the invitation to be a judge and John Ford's image was chosen as the winner – as the image was brighter and the brickwork doesn't dominate as the others. Personally, I hope all can see the joke played!

Results of the May Outing (decision date after Journal publication)



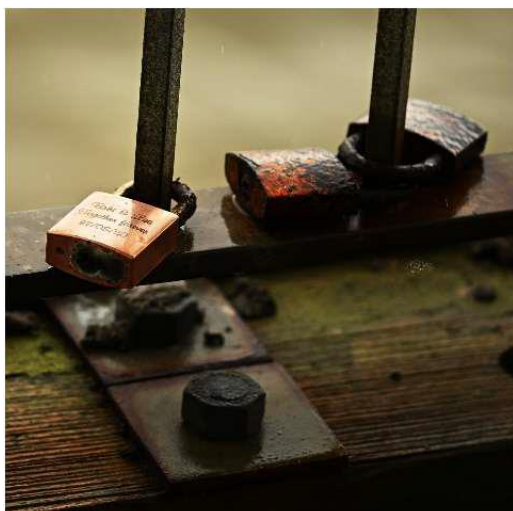
GOLD

“Southwold Pier”

Shot by:

‘Steve Fransz’

“Dramatic and moody, conveying a feeling of high drama.”



SILVER

“Locked in Love”

Shot by:

‘Stewart Haile’

“A classic Old Masters style composition of light, colours, and texture.”



BRONZE

“Peek-a-Boo”

Shot by:

‘Al Middleton’

“A sudden moment of stillness amidst calming colours.”

All images for May competition can be seen in this month's Shutterists Album

All competition results, for May, will be printed in next month's journal

Interested? Contact [Stewart Haile](#) - Shutterist's group lead - 07775 694099 - email: shaile33@aol.com

Editor's note on groups:

“Do you have an idea for a similar group? For example: A walking group, a book or cycling club, maybe a common hobby or interest then please let a committee member know. Such groups will be fully supported by the committee but arranged and run solely by the interested members.”

Note: “A group does not have to be several members; you may just find one other like-minded individual to start with, and others may well join you later

[John Chamberlin](#) - Editor - email: bjcoi8@gmail.com



The Music Group:

*"We had one of our best sessions for a long time this month, despite the room being very hot. There was a fan in the room, but it was quite loud, so we had to endure a bit of heat. Our theme was **"A Real Classic"** and as you might expect we got a steady stream of high-quality songs from the 19 of us who attended. Everyone's view of a classic is different, and we got music from Sarah Brightman and Russell Watson, via Glen Campbell and the Carpenters, to Chuck Berry, Jethro Tull and The Rolling Stones. Everyone seemed to enjoy it, including Mark and Simon Neilson who came along for the first time.*

The top five tunes were:

- 1st "Bridge Over Troubled Water" by Simon and Garfunkel, picked by Dave, on 150
- 2nd "You Don't Have to Say You Love Me" by Dusty Springfield, picked by Peter S, on 147
- 3rd "Top of The World" by The Carpenters, picked by Wayne, on 140
- 4th "Rock Around the Clock" by Bill Haley and The Comets, picked by Neil, on 135
- 5th "Johnny B Goode" by Chuck Berry, picked by Les, on 134

We have two next meetings to note this month. The first is the inaugural "Long Music" group, where songs must be between 5 and 10 minutes long. This will be held on **Wednesday July 29th** starting at 9.30 as usual. If all goes well this will become a quarterly session. Our next normal meeting will be held on the first Wednesday of next month, **Wednesday August 5th**, the theme will be **"My Favourite Music to Drive To"**. Everyone now seems to get there without any trouble by 9.30.....!

We always have a good time and lots of good-natured chat, so if you enjoy music of any kind why not come along? You don't even have to bring along something to play if you don't want to, as you are more than welcome to just come and listen to our many and varied selections."

Interested? Contact [Dave Cooper](#) – Music club lead - email: dwandrc@gmail.com

Note: Please ensure you have been signed in, and your subs are in the tub provided

Shanties at the Shed:

"Unlike last month we seem to be in a trough of weather that most of us 'nautical types' would find not overly conducive to 'setting the main mast and unfurling the sails'. It sounds as if I know what I'm talking about, but as most of us are landlubbers and don't know one end of a ship to another, I don't.



Our gig in St Andrew's Church, Hingham on Saturday 4th July was a resounding success. Early indications before the gig pointed to a very small audience with ticket sales very slow. But the organisers advertised tickets for sale on the door and by the time we started there was a very acceptable audience. The picture of the crew at Hingham was taken by Wayne, but we were missing a couple of members Malcolm and Len who were on holiday.

We performed for around 2 hours which is quite a stint and makes you realise, in our way, just what it takes for professionals to do it day in and day out. There were solos from Mark, Al and me with Peter being our bell ringer in 'Strike the Bell' and also providing the 'whoop' in 'Whoop Jamboree'. We sang about 24 songs with Wayne providing some background information to each song, members of the audience said afterward they really enjoyed finding some information about the songs as it made it all the more enjoyable. They have said they would like us back which is always an encouraging sign.

Our next gig is the lunchtime return gig at the Queen's Hall on Wednesday 19th August at 11am. We have not yet been told any ticket information but if it's the same as last year, they will be available from Adcocks.

Our next rehearsals will be on **Wednesday 22nd July 3rd 12th 19th August.**



Finally, as you can see Wayne has been having some fun with AI software and come up with a couple of pictures of the crew. We are still on the lookout for musicians so if you know anyone or fancy it yourself, then please let us know. The Bosun



Interested? Contact [Wayne Rutter](#) - Shantymen lead - email: wayne.rutter.1979@hotmail.com

Note: Please ensure you have been signed in, and your subs are in the tub provided.



The Shed Journal

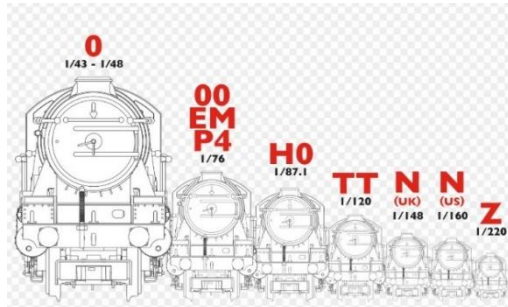


The Chuffers - Model Railway Enthusiasts



"The Chuffers this month have been progressing with their own projects as well as helping Ray with his layout. I am slowly clearing out a shed ready for me to start my layout. In this hot weather, it really is slow work! In the meantime, I have done some work on the computer constructing a layout that I like. These days there is free software available to help you design a layout before you even buy any track."

Model railway scales



I have added here an idea of the different gauges that are available for a model railway. To decide on a gauge is important when you are deciding to build a model railway. The main criteria is what space do you have available and what do you want to achieve in that space.

Ray's track is progressing well, with ballasting taking place along the track and the construction of station platforms progressing well. All 16 of his points are now functioning well with indication back to the control panel.

4 of us had an outing to Aylsham for a visit to the Bure Valley Model shop. We then went on to visit Wroxham Miniature World. What a great place to visit, with all sorts of displays.



We are all involved in making our own layouts, but if anyone else is interested please get in touch. Like with all our Shed activities there is a lot of chat, laughing and cups of tea involved. Just have a chat with either Dave, Ray, Grahame or me."



Interested? Contact [Neil Rowe](#) – email: neilr101@btinternet.com

I'm game if you are:



*"The next meeting will be on **Monday 10th August 2026**. We start at 1pm until 5pm in the bowls room. If you don't want to miss out on a game, then please arrive promptly.*

Please feel free to bring along any family, friends, or neighbours (ladies included)

*If you stay after the morning session then please be aware there is **NO** bar food available on Mondays, please bring a light lunch with you or maybe go to the fish or baguette shop.*

Games available to play or learn include 'Ticket to Ride: Europe' Mexican Train, Mahjong, Sequence, Rumikub, Bezique, 500 rummy, Contract, Nomination and Solo whists, Crib, Backgammon, Yahtzee, Halma, Othello, Chess, Draughts, Nine Mans Morris, Dominoes, 5's & 3's, Canasta, Phase 10, Golf (a card game).

Please feel free to bring along a game of your own to tempt us. Attendance seems to have levelled out at between 10 and 12 so it would be good to see more of you there. We always have a great afternoon."

Note:** A £2 session fee will be charged with free tea, coffee, and biscuits available. **Members attending both the shed in the morning and the games group will be required to pay for both sessions.

Interested? Contact [John Chamberlin](#) – Games group lead – email: bjcoi8@gmail.com





Other News, Notices, Events & Articles:

Shed opening days and times 2026	
Social Room	Mondays and Wednesdays 09:00 till 12:00
Woodwork Shop	Mondays and Thursdays 09:00 till 12:00
Computer Room	Mondays and Thursdays 09:00 till 12:00

Getting the Best Out of a Shutterists Day Out (Photographically Speaking)

"One of the things that give me the greatest pleasures in photography is visiting a location with my camera in hand is the anticipation of discovering new images. This could be a well-known beauty spot, a town, nature reserve, or a local woodland much like the locations the "Shutterists" visit during one of their monthly trips. For these visits to be successful photographically, it often depends on as much on preparation and observation as it does on technical skill.

With this in mind, I thought I'd share what I do (most time) before setting out on one of our trips. I always check maps (Google Satellite view), check the weather forecast, tide tables (if appropriate), and even photographs taken by others at that location can provide me with useful information about what to expect. Importantly, this research is only a guide as, while iconic photographs taken by others can help, I always try to resist the temptation to simply recreate these images.

Once at the location, I try to take time to explore rather than setting up the tripod and snapping away, I'll often walk around and attempt to become familiar with the surroundings. For me, it's about noticing how the light interacts with the landscape, how shadows fall, and how weather conditions influence the scene. Also, I found that sometimes the best compositions are not necessarily taken from the obvious viewpoints.

Equally, it is also important to look beyond the grand vistas. Details, textures, patterns, and abstracts can often provide excellent photographic opportunities. The bark of a tree, reflections in water, weathered stone, or the intricate structure of fallen leaves may reveal images that many walk past unnoticed. By taking time and "learning to see" it's possible to identify creative possibilities that might otherwise be missed.

I'm sure you will agree that "patience" is one of the photographer's most valuable assets. Light can change dramatically over the course of a few minutes, transforming an ordinary scene into something a bit special. Waiting for a shaft of sunlight to light up a woodland path or a cloud to move into position, can make the difference between a good photograph and an excellent one.

Flexibility is equally valuable. Weather forecasts are not always accurate, and conditions may differ from expectations. Rather than being disappointed by unexpected rain, fog, or overcast skies, it's worth considering how these conditions might enhance the atmosphere of a photograph. Some of the best images have been made when photographers have adapted to what nature provides rather than what was expected.

Photography is about more than simply collecting images. Taking time to appreciate the surroundings, observe wildlife, and immerse oneself in the location can enrich both the visit and the resulting photographs. Every location has its own character and potential. By arriving prepared, remaining observant, exercising patience, and maintaining an open mind, we can maximise the opportunities available and return home with images that are both personal and rewarding.

Hope you find this useful."

Submitted by [Bob Darts](#)



Gastro Jaunts around Norfolk Number 32 (THE LAST SUPPER):

"Our galloping gourmet Les Waller has decided to hang up his Chef's Whites. Les started his gastro journey way back in April 2022 and has provided a journal article for 3 out of every 4 issues giving us all a 'taste' of what culinary delights are available around Norfolk. Many of you may well have followed his recommendations or kept well away from the crocks. I would like to personally thank Les for his content, his time and his efforts. Here below is his 'Last Supper'."

Back to Sheringham this month

"Just a short stay, so we just went to the usual suspects:

FINO: *in Cromer, where we had Cornish sole (it used to be called Mergrim sole, but they changed the name to make it sound more appetising, a bit like pilchards are now called Cornish sardines!)*

Needless to say, it was perfectly cooked, very well presented and tasted very good. Service excellent.

ROCKY BOTTOMS: *in West Runton for a late lunch (they close at around 7 p.m.). Excellent Maldon oysters, half of them au naturel with shallot vinegar, the other half in batter, both delicious, followed by lobster for Chas and fish of the day for me yummy. Service with a smile from friendly, intelligent staff. All this with great sea views. Nice chat with the owner at the outside bar afterwards; he insists he's a fisherman first and a restaurateur second and still works 80 hours per week at 70 years of age!*

SHERINGHAM SEAFRONT: *two new bars now on the seafront in front of the old Burlington hotel (now apartments). One traditional British with a nice upstairs terrace with great sea views, nice with a glass of wine and a sausage roll, and a new Mexican-themed bar, with a nice terrace again with great sea views; we didn't try it as I'm not into Mexican food. A nice break.*

This will our last jaunt, as we've found the places we've really liked and will use them again, and don't want to bore you with "tales of Sheringham every month". Perhaps the occasional one-off if we go somewhere special. Bon Appetit."

Submitted by [Les Waller](#)

Cakes for Cancer Result:

This event was held on Saturday 4th July and was well attended with £560 being raised for the two charities; **Breast Cancer UK and Prostate Cancer UK**. Thanks go to all who supported this event.

Members Handbook and Operating Principles:

"As most of you are aware, the Shed is now a charitable incorporated organisation (CIO). We now must adhere to the 'Charity Commission's CIO Constitution.' What was our old 'Constitution' does, in effect still exist and has been edited and merged with the Members Handbook. This merged document has been named 'Members Handbook and Operating Principles.' Members are still obliged to adhere to this new shed document. Both aforementioned documents can be viewed and/or downloaded on our website for personal viewing and or printing. However, should you require a hard copy just approach a committee member."

[Men's Shed Committee](#)

UK Men's Shed Association (UKMSA):



To find out more about the UKMSA, type or, cut and paste this line into your address bar. This will take you to the latest issue of 'Shoulder to Shoulder'

<https://mailchi.mp/ukmsa.org.uk/shoulder-to-shoulder-june2026-17450489?e=a370dbe526>



Testimonials & Case Studies:

"You may recall from my foreword in the December Journal that we have been awarded a grant to help with costs of running the shed and subsidising trips and events. In order to evidence what we are doing with the grant money and what a difference it makes to members and their families I'm asking for testimonials showing what the Men's Shed means to you.

This just needs to be a paragraph or two which reflects the worth of being a member, especially in combatting loneliness and assisting with well-being. I would like to use one or two of these as case studies so if you are happy for me to use your contribution, please let me know or speak to me. These will be anonymous."

"In order to evidence what we are doing with the grant money and what a difference it makes to members and their families I am asking for volunteers to be one of my case studies to show what the Men's Shed means to them. If you are happy for me to use you in this way, please let me know or speak to me. These will be anonymous."

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com

Men's Shed – We care:

Members of our shed have a variety of reasons for being a member.



- Having other male companionship.
- Reducing the feeling of loneliness.
- Meeting up with others.
- A way of making new friends.

Whatever the reason there is plenty of evidence that our shed is making a difference.

If you hear of or personally feel that a fellow member may need assistance of some kind, then please inform your committee in total confidence. We can then assess if there may be a way we can approach them in a caring, sensitive, private way to ascertain if they need any support.

Malcolm Trayhorn – Chairman - email: Malcolm.trayhorn@gmail.com

Be scam aware:



159 is a secure phone number that connects you directly to your bank if you suspect a scam. If you think you're being scammed - **Stop** what you're doing - **Hang up** the phone - **Call 159**.

It's a simple, memorable number that cannot be spoofed. It will **never** call you and it's available 24 hours a day, 7 days a week.

159 is a vital tool to help prevent and combat fraud. It breaks the scam "journey" at a critical moment and allows you to contact your bank quickly so they can take the right action.

Most banks, building societies, and telephone companies are part of the **159** initiatives.

Submitted by [John Chamberlin](#)

Property Alert Service:

*"This service will inform you if any illegal loans have been raised on any of the properties or land you have listed **OR** if any of your listed properties or land has been put up for sale.*

The 'Property Alert Service' can be found on the government website.

Follow this link: <https://www.gov.uk/guidance/property-alert>

You just create a simple account then add up to 10 properties/land (these can be your own or your relatives) It's well worth doing, it took me less than 10 minutes, so do yourself a favour and sign up."

Submitted by [John Chamberlin](#)



Health & Safety:



It is important that we know how many members are in attendance. **Please ensure that you visit the Main Hall to sign-in, do not just go to the Workshop/Computer rooms.**

All members have a duty of care for themselves and others. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided; they're located in the filing cabinet in the workshop.

Fire test procedures:

The committee thank you all for your co-operation during our recent fire alarm procedure test. In that instance members were alerted prior to the test to enable us to evaluate our procedures. Overall, this was very successful with just one or two things needing to be clarified. It is our intention to carry out future periodic tests **without** notification. The committee would appreciate your continued cooperation.

WMS Website:

Our website address is: www.waylandmensshed.co.uk



The website continues to be speedily and expertly administered by Neil Rowe, and we thank him for his continued efforts. Members are encouraged to visit the site and have a look around. Constructive comments, suggestions or ideas for improvement and/or potential new content are very welcome. Just approach Neil or any committee member.

Defibrillators:



There are **two** Defibrillators in the Sports Centre. Please make yourself familiar with **both** locations.

The first is located at the far end of the Bowls Club Room.
The second is located just outside the Lounge Bar, just off reception.



Don't bank on it:



The Watton banking hub, 56 High Street - It Opening days - Monday – Friday 09:00 – 17:00

Mondays **Halifax** - Tuesdays **NatWest** - Wednesdays **HSBC** - Thursdays **Lloyds** - Fridays **Barclays**

Withdraw & Deposit cash – Deposit cheques – Pay utilities – Check balances – Banking advisors Tue - Fri

Submitted by [John Chamberlin](#)

Wanted, For Sale & Free Notices:



Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - bjcoi8@gmail.com with a price, picture, and a brief description along with your contact details. I shall endeavour to list the item here.

Note: All transactions are **strictly** between two parties. WMS does **not** endorse nor guarantee any items sold.



The Shed Journal



Breckland Events 2026:

If any member becomes aware of any events in the Breckland area for 2025, please let me know.

DATE	EVENT	LOCATION
Sat 1 st & Sun 2 nd August	1940's Weekend	Mid Norfolk Railway, Dereham
Tuesdays 28 th July - 4 th 11 th , 18 th & 25 th August	Summer Fun Days	Watton Community Centre
Fri 28 th to Mon 31 st August	Music and Beer Festival	Mid Norfolk Railway, Dereham
Sat 29 th & Sun 30 th August	Watton Bike Weekend	Watton Sports Centre
Saturday 5 th September	Dog Show – 10am - 2pm	Letton Hall (nr Shipdham)
Saturday 31 st October	Watton Food Festival & Fireworks	Wayland Showground, Watton
Sunday 8 th November	Remembrance Sunday	Memorial Car Park & St Marys
Sunday 29 th November	Watton Festival Market	Watton High Street

John Chamberlin - email: bjcoi8@gmail.com

Watton Events Marshalling:

As for previous years Watton Town Council is asking for us to assist with road closures. Please see the dates below and see if you are free to assist at any of these.

Sunday 30th August, Bike Takeover – 10:00-16:00 (**marshalling required 08:00-10:00**)

Sunday 29th November, Festive Market – 13:00-17:00 (**marshalling required 10:30-13:00**)

Please let Malcolm know if you are willing to give up a couple of hours to keep us popular with the Council.

Your elected committee:

Malcolm Trayhorn: Chairman, Social Secretary & Press	07729 993163	Gordon Williams: Vice Chairman	07593 989296
Dave Cooper: Secretary	07760 386902	Mike Briggs: Tech Supervisor	07785 778550
John Chamberlin: Treasurer, Memberships & Journal	07886 655713	Rob Fielding: Workshop supervisor	07871 193206

Treasurers update:

"Shed accounts remain very healthy. I have increased our holdings in a savings account which accrued £400 last year. We are utilising the grant we received, going towards rent, coaches, tickets, electricity etc."

Full accounts may be examined by any member upon request. - [John Chamberlin](#) - Treasurer

Memberships update:

*"Our membership now stands at around 102, (I still have several to collect). Membership renewals came in at about 99. Around 8 members did not renew, due to age, illness etc. We also have 3 new members **Simon Neilson, Mark Neilson as Martin Sands**, please make them welcome."*

[John Chamberlin](#) - Membership Secretary

Committee meeting:

The next full committee meeting will be on **Monday 7th September 2026 at 12:15pm** in the Bowls Room. Should any member wish to submit an item for discussion by the committee please email your request direct to the secretary - [Dave Cooper](#) - email: dwanddrc@gmail.com

Note: Committee meeting minutes are no longer sent out to every member. There is a copy in the folder by the booking in computer for your perusal at the shed. However, should you require a personal copy then please request the same from our secretary.





The Shed Journal



JOURNAL QUIZ ANSWERS: (Note - There is now a link back to the questions)

NATIONAL IDENTITY					Questions
1	Germany	11	Australia	21	England
2	China	12	Denmark	22	Germany
3	Monaco	13	Russia	23	India
4	Macedonia	14	France	24	England
5	Norway	15	America	25	Austria
6	Scotland	16	Austria	26	Sweden
7	Italy	17	Spain	27	Greece
8	Netherlands	18	South Africa	28	New Zealand
9	Wales	19	Greece	29	Portugal
10	Argentina	20	Ireland	30	Denmark

Please visit our website: <http://www.waylandmensshed.co.uk> which is regularly updated.

You can also contact us via email: waylandmensshed@gmail.com

If you wish to make a compliment, complaint, or comment, please feel free to do so. Without constructive feedback it is difficult for the WMS Committee to know if they are meeting member's expectations.

Disclaimer - The information contained within The Shed Journal is for general information purposes only and assumes no responsibility for any errors or omissions in the content. In no event is the editor or other members of WMS liable for special, direct, indirect, consequential, or incidental damages arising out of or in connection with the content. We reserve the right to make additions, deletions, or modifications to the contents at any time without prior notice. Any views or opinions either explicit or implied are NOT the views or opinions of either the Wayland Men's Shed or the editor.

